No. 620 • March 14, 2019 • outwordmagazine.com

outWord

Traveling 2019

Special Issue

Mt. Tamalpais - A Photographer's Paradise
page 11

Queer Eye Returns
page 8

Boarding The Maharaja Express
page 10

Cirque du Soleil Skates Into Sacramento
page 16

8 Places to Go Gay Camping
page 20

THE SUBARU A LOT TO LOVE EVENT

Performance. Art.

The 2019 Subaru BRZ.® A classic, rear-wheel drive sports car layout. A 205-hp[22] Direct-Injection SUBARU BOXER® engine. An available Performance Package, including Brembo® brakes and SACHS® shock absorbers. It's precisely engineered for the art of driving.

Subaru, BRZ, Impreza, Legacy, WRX, EyeSight, and SUBARU BOXER are registered trademarks. Brembo is a registered trademark of Freni Brembo S.p.A. Pandora is a registered trademark of Pandora Media, Inc. Recaro is a registered trademark of Recaro GmbH & Co. KG. SACHS is a registered trademark of ZF Friedrichshafen AG. [2]EPA-estimated highway fuel economy for 2019 Subaru Legacy 2.5i models. Actual mileage may vary. [7]EPA-estimated highway fuel economy for 2019 Subaru Impreza CVT Sport sedan models. Actual mileage may vary. [15]EyeSight is a driver-assist system that may not operate optimally under all driving conditions. The driver is always responsible for safe and attentive driving. System effectiveness depends on many factors, such as vehicle maintenance, weather, and road conditions. See your owner's manual for complete details on system operation and limitations. [22]Manual transmission models only. [23]Performance Package models are equipped with brake pads that may produce higher levels of braking noise and brake dust, even under normal driving conditions.

Our Name Means a GREAT Deal! Lasher Auto Group

LASHER'S ELK GROVE SUBARU

SUBARU Confidence in Motion

In the Elk Grove Automall | 855-978-7802

WWW.ELKGROVESUBARU.COM

How To Get The Most Out Of 2019

by Kathy Olberts

If you are like many people, you haven't set your goals yet for 2019. There are a lot of reasons for not setting goals, however, if you really want to accomplish something important this year (like getting a new job, growing your business or restoring balance to your life from working too much) then now is the time.

The process of setting goals is not a big deal. Of course, the best goals are SMART goals (Specific, Measurable, Attainable, Realistic, Timely), but don't let an acronym put you off from setting a goal. Really when it comes down to it, just ask yourself. You know what you want better than anyone else.

There are several things that will make your goal process better:

· Write down the goal. It doesn't matter if the goal is SMART. It doesn't matter how well you can write.

· Figure out what the first step is toward making the goal happen.

· Find someone who will hold you accountable. Have a brainstorming conversation with this person about how you plan to accomplish your goal. Ask them if it is okay for you to check in with them about how the goal is coming along. Make that call.

If you are not a do-it-yourself kind of person, and many of us aren't, then you might be more likely to accomplish the goal by paying someone to help you achieve your goal. For example, if you want to build strength and lose weight, you might hire a personal trainer.

If you want to start a business or grow your business among the LGBT community, you might check out the Rainbow Chamber of Commerce (RCC) in one of their monthly mixers. This would help you meet other LGBT business owners and teach you how to network. You may also want to consider hiring a business coach to accomplish your goal. Business coaches are experienced in techniques to help clients accomplish goals and see results.

Ask yourself whether you really want to accomplish this goal in 2019 and then make it happen.

Kathy Olberts is a business coach, lesbian and the owner of Quantum Careers. She has proven experience helping small businesses achieve their goals, grow their businesses and make decisions. She brings compassion, intuition, strong listening, intelligence and humor to client sessions.

If you want to build strength and lose weight, you might hire a personal trainer.

McMartin REALTY

Brian McMartin
Broker-Owner, REALTOR®
BRE#00997069

Residential • Commercial • Investment Properties

916.402.4160

Brian@BrianMcMartin.com
McMartinRealty.com

Dr. Cameron T. Yee
Optometrist

Eye Examinations
Glasses
Contact Lenses

(916) 395-0673
DrCameronYee@aol.com

6407 Riverside Boulevard
Sacramento, CA 95831

It really works!

- Botox®, Dysport®
- Fillers
- Hair restoration with PRP
- Facial contouring
- Skin tightening
- Vampire facials
- Microdermabrasion
- Scar treatments

Safe, Gentle, Effective

Free consultations
Board certified surgeon

SAPOORA MANSHAII MD INC

(916) 696-2022
2045 Hurley Way #415
Sacramento, CA 95825

Outword Staff

PUBLISHER
Fred Palmer

ART DIRECTOR/PRODUCTION
Ron Tackitt

GRAPHIC DESIGN
Ron Tackitt

EDITOR
editor@outwordmagazine.com

ARTS EDITOR
Chris Narloch

SALES
Fred Palmer

CONTRIBUTING WRITERS
Chris Allan
Matthew Burlingame
Emily Desanto
Diana Kienle
Chris Narloch
Charles Peer

PHOTOGRAPHY
Charles Peer
Ron Tackitt

ON THE COVER
Mt. Tam area scenery.
Photo by Mark Hinte

DISTRIBUTION
Kaye Crawford
Michael Crawford

ADVERTISING SALES

Northern California
(916) 329-9280
Fred Palmer

National Advertising Representative
Rivendell Media
(212) 242-6863

outWord
media • marketing • events

Outword Magazine Inc.

Office
372 Florin Road, #133
Sacramento, CA 95831

PHONE: (916) 329-9280
FAX: (916) 498-8445

www.outwordmagazine.com
sales@outwordmagazine.com

ISSN # 1084-7618 United States Library of Congress

Nat. Gay and Lesbian Chamber of Commerce
Sacramento Rainbow Chamber of Commerce
Nat. Lesbian & Gay Journalist Association

March is Museum Month

Did you know there are more than 30 museums in Sacramento? Ranging from fine art… to automobiles… to history… to even the zoo, the Sacramento Association of Museums (SAM) has something for everyone.

On the heels of a successful Sacramento Museum Day, now is your opportunity to participate in Museum Month. The benefits of museum membership often extend beyond saving money and include exclusive experiences only available to members such as special invitations to member-only events and receptions, behind the scene opportunities, previews of new exhibits, and more! Many of the museums are offering limited-time offers for those who become a member during March.

For more information, visit www.sacmuseums.org.

ACLU Comes for Coachella

Donavion and Taiyande Huskey, who are siblings, were tremendously excited to be at the Coachella Valley Music and Arts Festival last year. Until, that is, each of them was refused access, by security personnel, to restrooms that correspond to their gender identities.

The first of two incidents occurred on the second evening of the Coachella festival when Donavion "Navi" Huskey, who identifies as a transgender woman, was in line to use the women's restroom. There were no complaints from anyone in the line about her presence, but a security guard near the restroom entrance stopped Navi and told her she could not use the facility. When she asked why, the guard neither answered the question nor directed her to an alternative restroom.

The next day, Taiyande "Juice" Huskey, who identifies as transmasculine, was confronted by a security guard stationed inside the men's room and told to leave. Again, there had been no complaints or negative comments from festivalgoers using the restroom. The guard said he would show Juice a gender-neutral restroom, but as soon as Juice was escorted out, the guard turned around and left without a word.

This was hugely distressing and disrespectful, especially given the image Coachella fosters of an affirming environment for the LGBTQ community. It was also against the law.

The ACLU Foundation of Southern California and The Hicklin Firm sent a letter to Anschutz Entertainment Group (AEG) and its subsidiaries, AEG Presents and Goldenvoice, objecting to the way the Huskey siblings were treated last year and calling for changes to prevent similar incidents in the future. The letter asks that AEG establish and enforce clear policies, "so as to allow transgender people (like everyone else) to use the restroom or other facility that corresponds to their gender identity as required by California law."

The letter stresses that the policies should apply not only to Coachella, but also to other AEG events and properties, including Staples Center, the Stagecoach Festival, Shrine Auditorium, Fonda Theatre, and Desert Trip.

Attorney Stephen T. Hicklin of The Hicklin Firm commented, "California law protects gender identity and gender expression in public accommodations, like concerts. Some people who know or should know the law in this regard choose to ignore it. We want to raise awareness of these laws so that no one has to go through what the Huskeys went through at Coachella."

In addition to asking for a clear, lawful, written policy guaranteeing all patrons access to restrooms and other facilities based on gender identity, the letter also says that Coachella 2019 staff and contractors should be trained in regard to the policy. The training should be required for personnel at other AEG venues and events as well.

This year's Coachella festival begins April 12.

CALIFORNIA STATE RAILROAD MUSEUM

Discover the affordability of Homeownership
• First Time Home Buyer Programs
• Free Pre-Qualification Service
• Easy Application Process
• No Up-Front Fees Collected
• Many Loan Programs Available

Jeremy Williams
NMLS 1294461/1850
Loan Officer
180 Promenade Circle STE# 300
Sacramento, CA 95834
707.592.1732 cell
Jeremy@MrHomeLoans.com
www.MrHomeLoans.com
POSITIVE LENDING™
A Division of American Pacific Mortgage Corporation NMLS 1850

DEMETRE
LANDSCAPES CONSTRUCTION
RESIDENTIAL
• Drought Tolerant Landscapes
• Consultations
• Sprinklers & Drainage
• Exterior Lighting
• Pruning
• Plantings & Sod
• Full Landscaping
916-648-8455
BBB ACCREDITED BUSINESS
Cont. Lic. #1024197 Neighborhood References • Since 1984

Methodist Bishop Addresses Anti-Gay Plan

story and photo by Chris Allan

Bishop Minerva G. Carcaño addressed a packed gathering of over 500 at midtown's First United Methodist Church on Tuesday evening, March 5. Head of the California-Nevada Annual Conference of the United Methodist Church, the Bishop discussed the anti-gay "Traditional Plan," which was passed at the end of February in the denomination's General Conference session in St. Louis. The plan reaffirms the denomination's ban on the ordination and marriage of LGBTQ people.

"It keeps us where we have been for 46 years," said the Bishop, who is the first Hispanic woman to be elected to the episcopacy of The United Methodist Church.

In a 15-minute presentation, Carcaño explained the lengthy process that led up to the special General Conference session. She said that the Traditional Plan also includes a punitive level of enforcement that is "harsh and cruel" and would require oversight of each Bishop's "every move" and turn the denomination's top court, the Judicial Council, into an "inquisitional court."

Rev. Matt Pearson addresses the crowd at midtown's First United Methodist Church

"It goes against who we are," said the Bishop.

Carcaño also explained that a Petition for Disaffiliation was also passed, meaning that congregations choosing to leave the denomination would be able to continue to own their properties. The "gracious exit" language appears to pave the way forward for a schism.

"Speaking from the heart, I'm not ready to leave the United Methodist Church," said the Bishop. "This is our church, and I want to continue the conversation."

The Traditional Plan was passed by a vote of 438-384. When various Conference delegates spoke after the Bishop, openly gay Rancho Cordova pastor Elizabeth Brick noted, "Seventy percent of the Americans (delegates) voted for the One Church Plan. But the Church is growing faster in other places."

(The One Church plan was recommended by the Council of Bishops and would have allowed each church and conference to set their own policies concerning LGBTQ as their consciences dictated.)

Brick and others noted that the Traditional Plan was passed because of an alliance between numerous Southern U.S. delegates and African delegates. Presenters discussed the nuances of neo-colonialism, conservative manipulation, and power dynamics within overseas conferences.

Presenter-led songs punctuated the weighty discourse, including a rousing version of "We are the Champions," after delegate Rev. Dr. Felicisimo Cao referred to the recent Oscars, mentioning Freddie Mercury as a symbol of courage.

At-risk and in-crisis LGBTQ youth were also mentioned, and openly gay Elk Grove pastor Matt Pearson told of his dismay at seeing first-time queer youths at the conference feel deeply wounded.

"Our church is just as much mine as it is yours. We do not need to leave. We need to stay, we need to fight!" said Pearson.

However, during the Q&A session, audience members discussed the possible merits of a "New" Methodist church, noting that in its centuries-old history, the church has had various names and split over the issue of slavery.

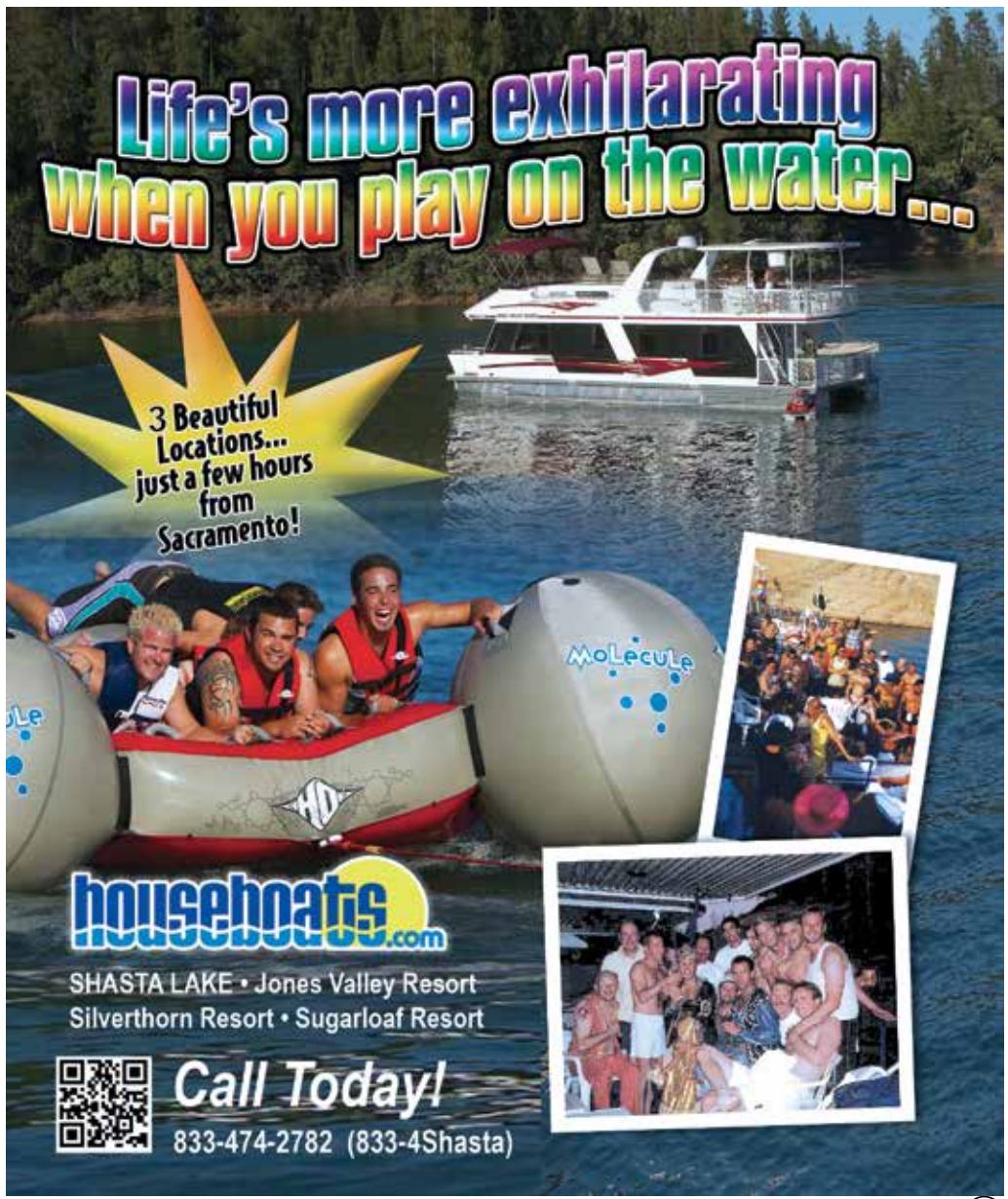
"I'm not afraid of separation. I would approach it with faith and a smile," said one 35-year-old woman.

The Judicial Council will rule on the constitutionality of the Traditional Plan at the end of April, the Bishop said. No matter the ruling, she affirmed that she expects the church's Bishops to stand in solidarity with openly gay Bishop Karen Oliveto.

When *Outword* asked Bishop Carcaño about her predictions for the Council's decision, she said she expects that it will rule that the enforcement parts of the Traditional plan are unconstitutional. This would mean that the current anti-gay language and prohibitions would remain as they are and would likely continue to be disregarded in favor of inclusion as individual pastors and Bishops' consciences dictate.

If the plan was declared constitutional, however, the Bishop affirmed her stance and that of the other western leaders.

"I think the Conference and the Jurisdiction have been very clear. We stand for full inclusion, and we will continue to challenge the Traditional Plan," said Carcaño.



Love,
hope, success,
family,
security.

Some things we all have in common.
There's nobody like me to protect
the things we all value. Like a good
neighbor, State Farm is there.

CALL ME TODAY.

Stephanie Slagel CLU, Agent
Insurance Lic. #0C34763
6130 Fair Oaks Blvd, Suite E
www.stephanieslagel.com
Bus: 916-485-4444 Fax: 916-485-5629

Sacramento Rainbow Chamber's Businessperson of the Year 2013

State Farm

State Farm Life Insurance Company (Not licensed in MA, NY or WI), State Farm Life and Accident Assurance Company (Licensed in NY and WI), Bloomington, IL
0901038

Michael Poland
Senior Loan Officer | Northern California
Over 20 years closing loans!

Direct (916) 936-3710

michael.poland@movement.com
michael-poland.com
NMLS ID 222653

MOVEMENTMORTGAGE

3741 Douglas Boulevard, Suite 210, Roseville, California 95661 | CA-DBO222653 | Movement Mortgage, LLC supports Equal Housing Opportunity. NMLS ID# 39179 (www.nmlsconsumeraccess.org) | 877-314-1499. Movement Mortgage, LLC is licensed by "CA Department of Business Oversight under the California Residential Mortgage Lending Act" # 4131054. Interest rates and products are subject to change without notice and may or may not be available at the time of loan commitment or lock-in. Borrowers must qualify at closing for all benefits. "Movement Mortgage" is a registered trademark of the Movement Mortgage, LLC, a Delaware limited liability company. 8024 Calvin Hall Rd, Indian Land, SC 29707

EQUAL HOUSING OPPORTUNITY

Dolores Huerta, Jacob Lawrence & Loet Vanderveen At Area Museums

by Chris Narloch

A rainbow coalition of individuals are being celebrated at Sacramento museums currently, including a fabulous gay sculptor, a heroic Latina activist, and a great African-American painter.

Crocker Art Museum

The lovely animal sculptures by queer artist Loet Vanderveen are at the Crocker through the end of March, and I urge you not to miss them. Vanderveen, who died in 2015 at the age of 93, was born in The Netherlands and eventually settled along the coast of Big Sur with his partner, the painter Alba Hayward.

In Vanderveen's graceful work, primarily in bronze, antelopes graze, elephants run in herds, and cheetahs stalk their prey. The sculptor frequented the zoo as a child and traveled often to Africa as an adult, and his observational and artistic skills are on full display in the exhibition "Modern Menagerie," through March 31.

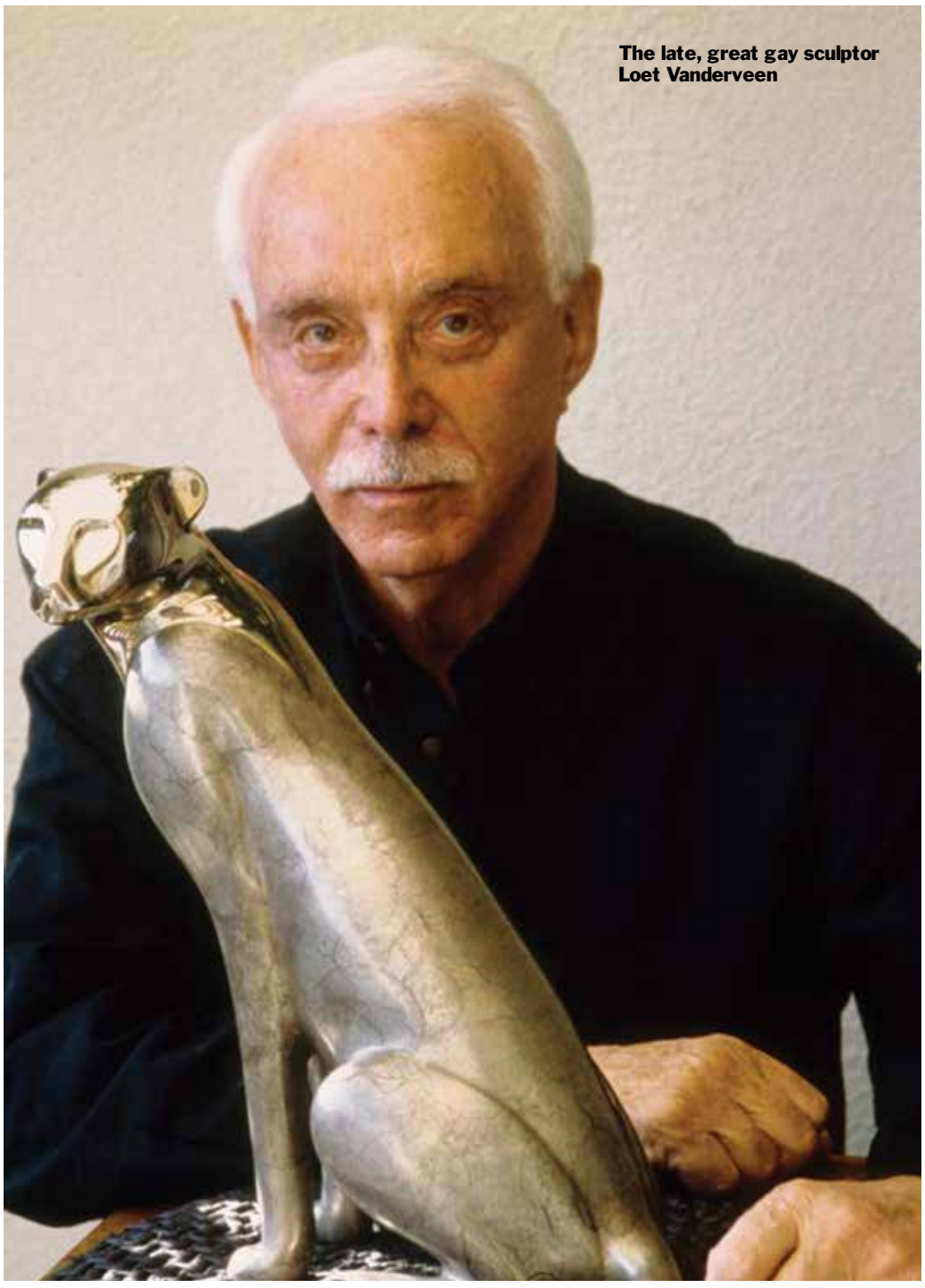
Also at Crocker, through April 7, are the colorful prints of African-American painter Jacob Lawrence, in a survey entitled "History, Labor, Life." Featuring more than 90 works created between 1963 and 2000, the exhibition features Lawrence's vivid observations of the dynamic city life in Harlem, New York City.

For more information about these and other Crocker events, go to https://www.crockerart.org .

The California Museum

Debuting at the California Museum this month, "Dolores Huerta: Revolution in the Fields / Revolución en Los Campos" is a new traveling exhibition from the Smithsonian Institution exploring the life and legacy of the legendary Latina activist who broke barriers for more than six decades, starting with her work advocating for farm workers' rights in the 1960s and 1970s.

Learn more about this real-life female superhero at The California Museum, through July 7, 2019. For information, visit http://www.californiamuseum.org/dolores-huerta.



The late, great gay sculptor Loet Vanderveen

TIM MIGUEL
REAL ESTATE

Proudly serving the Real Estate needs of the LGBTQ+ Community!

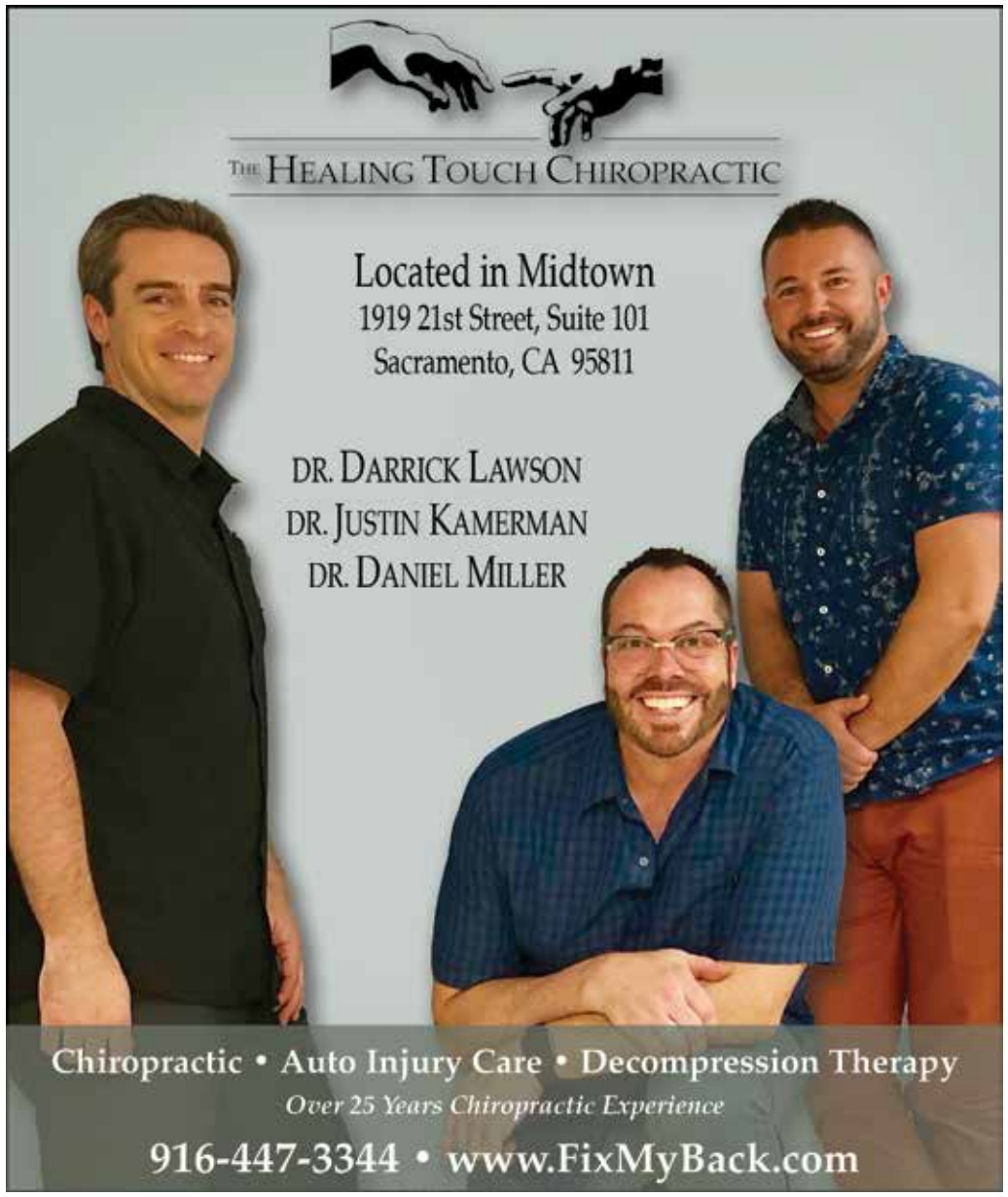
As a realtor in the Sacramento Valley, my goal is to make the home buying or selling process as stress-free as possible and to provide exceptional knowledge, service, and skill.

916.798.0746
tim.miguel@cbnorcal.com
www.timmiguel.com
Realtor®, SRES Cal BRE #01958076

Real estate agents affiliated with Coldwell Banker Residential Brokerage are independent contractor agents and are not employees of the Company. ©2018 Coldwell Banker Residential Brokerage. All Rights Reserved. Coldwell Banker Residential Brokerage fully supports the principles of the Fair Housing Act and the Equal Opportunity Act. Owned by a subsidiary of NRT LLC. Coldwell Banker and the Coldwell Banker Logo are registered service marks owned by Coldwell Banker Real Estate LLC.CalBRE License #01908304

Boldly Go…and See William Shatner

Davis …the final frontier. Well, it is if you're a Trekkie. The original Captain Kirk, William Shatner, is beaming himself to the Mondavi Center on Saturday, May 11. Audiences will enjoy a screening of the classic film "Star Trek II: The Wrath of Khan" on the big screen, followed by a conversation with the legendary actor led by UC Davis Chancellor Gary S. May. Tickets start at $55 and a limited number of backstage photo opportunities will be available for an additional fee. Now is the time to act at warp speed: call (530) 754-2787 or visit www.mondaviarts.org for more information.



Davis Pride

VOTED
BEST PRIDE CELEBRATION IN CALIFORNIA
TWO YEARS IN A ROW (2017 AND 2018)

SUNDAY, MAY 19, 2019
8 AM - Run/Walk for Equality
10 AM - FREE Community Festival

FOR COMPLETE INFORMATION, TO BECOME A VOLUNTEER, SPONSOR OR EXHIBITOR - PLEASE VISIT:

DAVISPRIDE.ORG

Queer Eye Returns with Makeovers for the Heart

Grab your notebook and a box of tissue …the Fab Five are back! "Queer Eye" returns for another season of lifestyle transformations along with some heartfelt firsts including, the first lesbian as well as the first duo on the show. Along with the sassy suggestions and makeover marvels, inclusivity and diversity continues to be the focus. This is the season to love yourself!

Moving the show from Atlanta, Georgia to Kansas City, Missouri, the cast is excited to take on new challenges. Season 3 premieres on Netflix on Friday, March 15.

grateful dog

Ready for a SUPER FUN Walk!

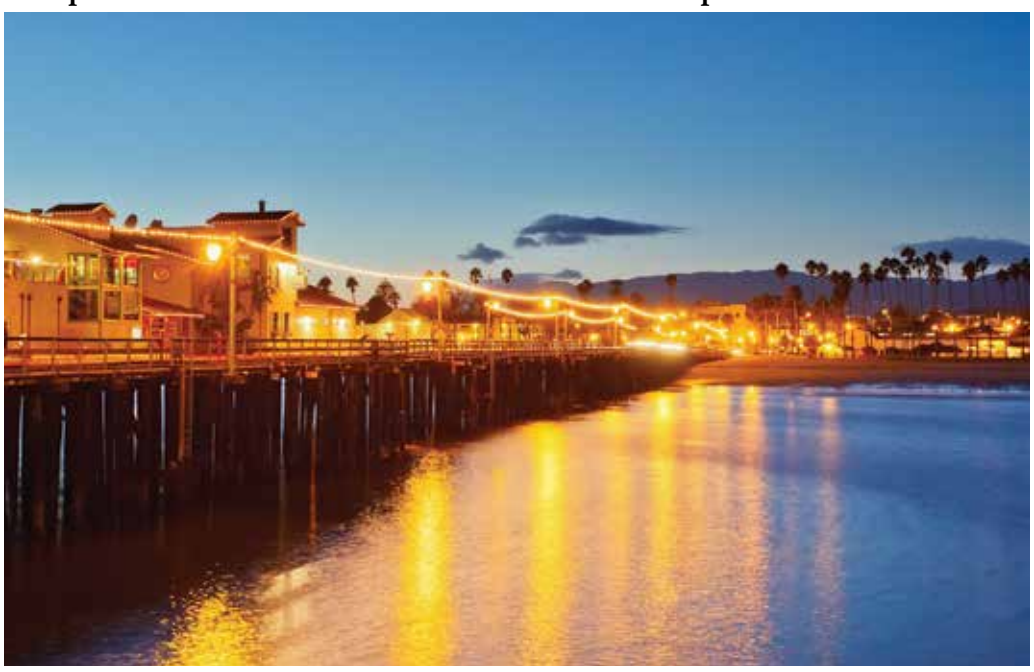
Dog Walking Service!
call us or visit our web site for more info!

daycare • boarding • self-serve dog wash • grooming
916.446.2501 • www.gratefuldogdaycare.com
430 17th street in midtown

New Nonstop Flights Coming to SMF this Spring

by Mark Haneke

It's finally March which means we are already thinking about the spring and summer travel seasons and new nonstop flight options from Sacramento International Airport.



SMF will launch a brand new carrier, Contour Airlines, with nonstop service to Santa Barbara.

There's great anticipation for Southwest's new service to Hawaii from several West Coast destinations. It's coming soon! Stay tuned as we expect those Hawaiian Island city destinations from Sacramento to be announced and will go on sale within a few weeks. Be sure and keep saving up those points!

Just around the corner we will launch a brand new carrier, Contour Airlines, with nonstop service to the American Riviera – Santa Barbara! Whether you are looking for a beautiful coastal holiday, or you need an easy route to reach the Central Coast for family, this will be a great, affordable option beginning April 16.

For those looking to work or play in the northern Midwest, we are looking forward to adding nonstop service to the Twin Cities, Minneapolis-St. Paul, with Delta Airlines and new carrier Sun Country, beginning May 23. Northern Minnesota and Wisconsin are incredible summer holiday destinations with their unmatched lake destinations both luxurious and rustic.

Detroit is steeped in cultural history, most notably the rise of Motown music which has held influence upon many artists of various genres in modern music. Delta Airlines will begin daily, year-round nonstop service on June 17, a must for any serious audiophile. One stop not to miss, the Motown Museum at Hitsville U.S.A. where greats like The Temptations, The Four Tops and The Supremes to Marvin Gaye, Stevie Wonder, and The Jackson 5.

Tickets to these new destinations are on sale now.

Thank you for flying from SMF. Please make sure you ARRIVE EARLY!

Mark Haneke is the Director of Air Service Development Marketing for Sacramento International Airport as well as a seasoned expert in air service development and a savvy world traveler. His travel column appears monthly in "Outword" to share news on new destinations from Sacramento International Airport, peppered with some of his own personal stories and travel recommendations.

M. Jane Pearce
Attorney at Law

Wills, Trusts, Adoptions & Domestic Partner Law

455 University Ave. Ste. 370
Sacramento, CA 95825

(916) 452-3883

Boarding The Maharaja Express Through India

Dr. Darrick Lawson & Dale Howard

Last Christmas, we bit the bullet and decided to go to India, only because it was the one place left on our bucket list that had available free airline tickets. Now the question became, what the heck do we do once we arrive?

While researching the tourist highlights of India, we came across the option of taking a luxury train tour which works much like a cruise on rails. We chose a 7-day itinerary of Rajasthan from Delhi on the Maharaja's Express, and it's one of the best travel decisions we've ever made.

After spending a few days relaxing in Udaipur, we headed to Delhi and boarded the Maharaja's Express bound for Jaipur, Agra, Fatehpur Sikri, Agra, Ranthambore, Gwalior, Khajuraho, Varanasi, and Lucknow.

We cannot say enough about this train and its staff. With fewer than 50 guests and about the same number of staff on a 20 car train, the luxury felt absurd compared to the local trains sharing the station.

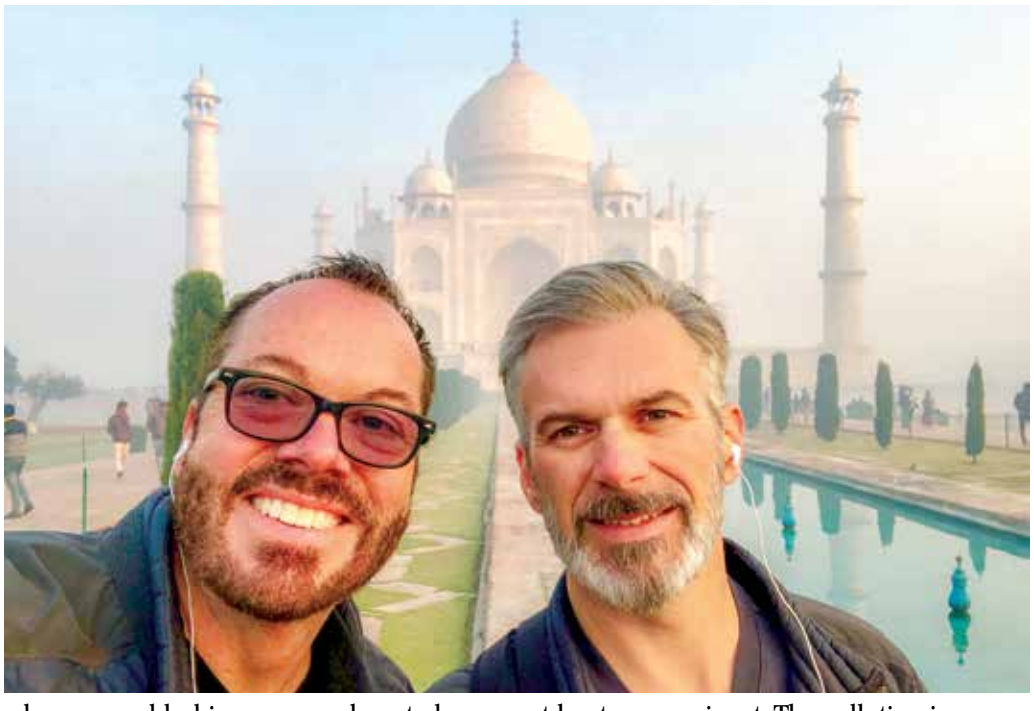
From the moment we arrived at the station, the production value was impressive. Flowers as far as the eye could see, wreaths, a blessing, a band, and a red carpet half the length of the train lined with marigolds.

The first morning, we arrived in Jaipur, where we were led by a band through rush hour traffic down a red carpet through the train station while thousands of locals took selfies with us and our famous train in the background. After touring the Red Fort, we were driven to Jaipur City Palace for lunch. No ordinary lunch, as we soon learned.

Since we were guests of the train, we were driven past the gate, and into the palace courtyard where there appeared to be some sort of festival underway. As it turned out, it was a band and a parade of the Maharaja's camels and horses waiting to lead us into the private area of the grounds. Upon entering the grounds, we could see the Maharaja's elephants were dressed and painted for our arrival, and we were informed that we could enjoy as much time with them as we wanted before having lunch in the palace.

In Agra, we arrived at sunrise and were taken to the Taj Mahal hours before it was open to the public. The relative privacy combined with morning fog rolling in off the Ganghes made the day unforgettable. The Taj was every bit as impressive as we had hoped.

Other highlights included a Hindu Aarti service on the banks of the Ganghes in ancient city of Varanasi, and visiting the "Naughty Temples" of Khajuraho which feature 2,500 year old sexual statues which would make Larry Flint blush. They depict plenty of hetero sex, orgies, and even some man on horse action, but no one can explain why gays and lesbians are nowhere to be found.



Of the places we have been, the people of India are among the warmest, the food is some of the best, the ancient sites are unbeatable, and almost every day we were moved to tears by the loving spirituality that seems to ooze from the masala spiced pores of the country.

Existing at the same time and place - and sometimes on the same street corner - as the wonders we just listed, is a downside that is at least as prominent. The pollution is stifling, the traffic is utterly insane, the poverty is soul crushing, the animal welfare situation is heartbreaking, and you will almost certainly be stricken with the famous "Delhi Belly."

India is renowned for life and death existing side by side in harmony, and visiting will force you to find your harmony in what appears to be utter chaos. If you can find your peace in the chaos, the rewards this country offers are amazing.

Is this Planet Earth? - Traveling to Otherworldly Antarctica

by Eric Poole

If you're geographically challenged like I am (as my husband always tells me, I need GPS to get out of a parking lot) you probably think of Antarctica being in the frozen northern sector of earth.

But it's actually south of South America, in the southern hemisphere. (The Antarctic Peninsula, where most cruises explore, is off the tip of South America.). And this ice-covered landmass with more penguins than people is one of the most otherworldly places on planet Earth.

There are two ways to get there by ship: on a large, ocean-going cruise ship, or on a smaller, expedition-style ship.

Ocean-going cruise ships have casinos and rock walls and multiple dining venues, which are fun diversions; but they can only take people to the outer rims of the Peninsula. They're also not allowed to "land" passengers (meaning, no one can go ashore), so all you can do is view the landscape from the ship. I mean, seriously, if you're gonna come this far, do you want to just sail past some icebergs? You could do that in Alaska.

If you want an in-depth look at Antarctica, you have to go on an expedition ship, like those offered by Quark Expeditions. Expedition ships are smaller (generally carrying 100 to 200 passengers), with big, ice-breaking hulls. Even though the passenger count is similar to a European river ship, these are certainly not river ships; they look like a smaller cruise ship, with around 6 decks. And some, like the World Explorer (which top gay tour operator Brand g is using for its 2020 Antarctica expedition) are luxury ships that give you the best of both worlds: the ability to get up close and personal with both the landscape and the wildlife; and the high design and creature comforts of an ocean-going ship. Because really, who doesn't want to come back after meeting penguins in 20-degree cold and have a spa treatment and a steak?

Expedition ships also have expert naturalists and polar historians onboard, so you'll actually understand what you're seeing. You won't hear your "expert" screaming out things like, "Big white bear!"

Is a luxury expedition cheap? Not really. But that's due to the limited size of the ships, the level of luxury, and the fact that, like the Galapagos islands, tourism is heavily restricted, which increases the price. On the plus side, IAATO – the body that oversees Antarctic tourism activity – only allows 100 passengers to go ashore at the same time, so your photos won't have thousands of bumbling tourists wandering through them.

And most importantly, you'll have wildlife experiences unlike anywhere else on earth. Think of this as the winter version of Africa, where it feels like a zoo full of cold-weather wildlife has exploded.

Is an Antarctic cruise safe? Absolutely. IAATO has strict guidelines for safety for the ships plying these waters. Assuming you don't try to do a backwards jackknife into the Southern Ocean, you have nothing to worry about.

A tip for those considering an Antarctic expedition: book one that avoids the Drake Passage, a two-day journey through one of the roughest stretches of water on the planet, where virtually everyone ends up hurling.

You'll thank me later.

Eric Poole is Director of Marketing for Brand g Vacations, the leading operator of all-LGBT, all-inclusive river cruises and land tours.

Mt. Tamalpais - A Photographer's Paradise

words and images by Mark Hinte

As an avid landscape photographer, I find most of my time spent along the coast of California. From San Luis Obispo to Eureka, there is no shortage of hiking trails and breath taking scenery. This trip was no exception and provided an all-day hiking adventure through the majestic redwoods, meeting many different people from faraway places along the way.

On the weekends, tourists are lined up along the base of Mt. Tamalpais, parking on the side of the road and hiking into Muir Woods National Monument. For someone visiting the area for the first time, this would seem like a good place to stop. Muir Woods is home to many different types of wildlife and the coastal redwood trees. As a conservatory the paths are filled with people seeing these giants for the first time. However, many tourists are not aware of the amazing vista points found by traveling up towards the top of Tamalpais.

Driving up through the mountain, it's easy to pull off the side and snap a few pictures along the way. The windy road offers many stops for the avid photographer. I would recommend taking a wide-angle lens since these vistas offer views as though California is opening a red velvet curtain to a Broadway play for the first time. Reaching the summit, take some time to explore Mill Valley. There you will find miles of redwood forests and incredible views of the Pacific Coast. As a photographer, you may want to set up for the evening to capture an incredible sunset before it finally rests behind the peaks.

The hiking trails offer several routes down through Mount Tam ending in various locations including Stinson Beach or Muir Wood National Monument. Grabbing the Nikon, I chose to take the Dipsea Trail that hikes down along the canopy of coastal redwoods. On this trail, the paths are overseen by the redwood skyscrapers allowing photographers to get extreme shots of bits of light coming in through the swaying trees. Looking down off the path into the gorges, the tree bases seem to be endless, while looking up, they seem to be greeting the clouds at their highest point. Reaching the base of Muir Wood National Monument, I stopped to catch my breath and to look around the area. Wildlife is in abundance around Mt Tam and offers plenty of opportunity for the wildlife photographer, too. Mount Tam has over 50 miles of trails throughout, so bottled water and some comfortable hiking shoes are recommended.

Hiking back up, the trails will not disappoint allowing for different perspectives of what was missed as you walk the paths.

As you reach the top of the trail, it's easy to sit along some of the areas reserved for those that want to take it all in one more time. Boulders can be found on the top trail as well as benches, allowing anyone to stop and take the final shot or to set up for an amazing sunset.

Mt Tam has something to offer everyone and awaits those who dare to adventure.

For more information about Mt. Tamalpais, visit https://www.parks.ca.gov/?page_id=471.

Living the Life of Your Dreams

by Craig Smith

It's been 22 years since I was a lawyer in San Francisco practicing criminal law. It seemed like everyone was unhappy, wanting to be anywhere other than a courtroom. I often daydreamed of a different life, but I seemed confined by my career.

I heard of a course called "The Artist's Way" by Julia Cameron, which she developed to help writers unblock their creativity. The two main exercises of the course are journaling three pages every morning and going out on a weekly artist date.

The morning pages helped stimulate my imagination, and I found myself writing about traveling the world and going on new adventures. I met new friends who invited me to Africa, and the experience was life-changing. There is something about going to faraway places that is transformational, changing the way we see ourselves and the world.

I decided it was time to take a big leap of faith and leave the comfort of a law practice to find work that I loved. I moved from San Francisco to Miami and started a non-profit foundation to raise funds for HIV/AIDS, which led to my producing large events for our gay community, such as the Winter Party.

Then I started working with a life coach, who quickly realized I still had many dreams that I hadn't pursued. She reminded me that I had already changed my life once by leaving law and moving to Miami, and asked me life changing questions: "If I could do anything in the world, what would that be? What's my next dream?"

I imagined my first trip to Africa. How it felt to go on a safari for the first time: cocktails at dusk by the watering hole, witnessing an amazing sunset with a herd of elephants, hiking Table Mountain and flying in a helicopter over Victoria Falls, one of the wonders of the world. At that moment, I envisioned creating inspirational adventures around the world. The possibilities are limitless, I thought, if we have the courage to pursue our dreams. We could sail on tall ships around the world, hike Machu Picchu, cruise the Nile, dance under a full moon. Best of all, we could transform our lives by connecting with new people, places and experiences. What would we discover in those places about ourselves, each other, and the world we live in? I also envisioned producing events that would bring people together while raising money for good causes.

It was from that life coaching conversation, and discussions with like-minded friends, who shared the vision of crafting unique and inspiring experiences. Source Events was born!

We started with a tall ship sailing adventure, a journey to Africa, and a special event for the National Gay and Lesbian Task Force. Over the last 15 years we have traveled to more than 65 countries on six continents with thousands of travelers. One of my affirmations when I started the Artists Way, was that "what's on the way is better than I've ever hoped and imagined." That has certainly been true for me over the years, and I am so grateful that adventure of my life is now creating adventures for our Source travelers.

Source Events is about giving ourselves the freedom to experience our dreams. It's about experiences that not only make our body feel good, but allow our spirit to soar. We believe the world is full of beauty, surprises and unforgettable experiences.

I'd like to personally invite you to live your dream, and join us on one of our Source Events. Our 2019 experiences include: Jerusalem, Petra & Tel Aviv Pride, a luxury Voyage Around Iceland, a tall ship sailing in the Greek Islands, and a spectacular Journey to Africa. In 2020, we are excited to expand our horizons as we cruise to the 7th Continent, Antarctica, on an epic voyage to the Antarctic Peninsula. If you have other dreams of travel, please let me know. Many of our trips have been imagined by our travelers.

I've learned that we live in an extraordinary time, where we have a unique opportunity to live our dreams … anywhere… and live the life we've always imagined. You are invited to join our family of Source Travelers. Explore the World and Discover Your Source!

Ashley HOMESTORE

ST. PATRICK´S DAY

4 DAY SALE

4 DAYS ONLY! MARCH 15TH - MARCH 18TH

12 months + 50% off‡‡

0% interest if paid in full in 12 months††

no down payment • no minimum purchase

On purchases with your Ashley Advantage™ credit card made 3/15/2019 to 3/18/2019. Interest will be charged to your account from the purchase date if the promotional purchase is not paid in full within 12 months. Minimum monthly payments required. ††See below for details.

NOW HIRING!
Sales Associates

Get it Today!
No Credit Needed!

DUBLIN
7885 Dublin Blvd.,
Dublin, CA 94568
925-660-0480
facebook.com/AshleyHSDublin

CONCORD
Exit at Concord, next to Trader Joe's
2201 John Glenn Dr
Concord, CA 94520
925-521-1977
facebook.com/AshleyHSConcord

EMERYVILLE
In the East Baybridge Shopping Center
3839 Emery St., Ste. 300
Emeryville, CA 94608
510-292-4339
facebook.com/AshleyHSEmeryville

FAIRFIELD
Exit Green Valley
4865 Auto Plaza Ct
Fairfield, CA 94534
707-864-3537
facebook.com/AshleyHSFairfield

FOLSOM
Located in the Broadstone Plaza
2799 E Bidwell St
Folsom, CA 95630
916-986-9200
facebook.com/AshleyHSFolsom

FRESNO
7502 N. Blackstone Ave
Fresno, CA 93720
559-283-8251
facebook.com/AshleyHSFresno

LATHROP OUTLET STORE
18290 Harlan Rd.
Lathrop, CA 95330
209-707-2177
facebook.com/AshleyHSOutletLathrop

MILPITAS
In McCarthy Ranch
128 Ranch Dr
Milpitas, CA 95035
408-262-6860
facebook.com/AshleyHSMilpitas

MODESTO
3900 Sisk Rd., Ste B
Modesto, CA 95356
209-248-6152
facebook.com/AshleyHSModesto

REDDING
1405 Dana Drive
Redding, CA 96003
530-222-7707
facebook.com/AshleyHSRedding

ROHNERT PARK
Exit Rohnert Park Expwy, across from Costco
6001 Redwood Dr
Rohnert Park, CA 94928
707-586-1649
facebook.com/AshleyHSRohnertPark

ROSEVILLE
Highland Reserve Marketplace
10349 Fairway Dr
Roseville, CA 95678
916-953-5757
facebook.com/AshleyHSRoseville

SACRAMENTO
Located at the Promenade in Natomas
3667 N Freeway Blvd
Sacramento, CA 95834
916-419-8906
facebook.com/AshleyHSSacramento

SAN FRANCISCO
707 Bayshore Blvd.
San Francisco, CA 94124
415-467-4414
facebook.com/AshleyHSSanFrancisco

STOCKTON
In the Park West Place Shopping Center
10904 Trinity Parkway,
Stockton, CA 95219
209-313-2187
facebook.com/AshleyHSStockton

VISALIA
3850 S. Mooney Blvd
Visalia, CA 93277
559-697-6399
facebook.com/AshleyHSVisalia

Follow us at
@AshleyHomeStoreWest

OPEN 7 DAYS A WEEK:
Monday - Sunday 10am - 9pm

"Se Habla Español"

www.AshleyHomeStore.com

††Ashley HomeStore does not require a down payment, however, sales tax and delivery charges are due at time of purchase if the purchase is made with your Ashley Advantage™ Credit Card. Offer applies only to single-receipt qualifying purchases. No interest will be charged on the promo purchase if you pay the promo purchase amount in full within 12 Months. If you do not, interest will be charged on the promo purchase from the purchase date. Depending on purchase amount, promotion length and payment allocation, the required minimum monthly payments may or may not pay off purchase by end of promotional period. Regular account terms apply to non-promotional purchases and, after promotion ends, to promotional balance. For new accounts: Purchase APR is 29.99%; Minimum Interest Charge is $2. Existing cardholders should see their credit card agreement for their applicable terms. Promotional purchases of merchandise will be charged to account when merchandise is delivered. Subject to credit approval.

*Offer applies only to single-receipt qualifying purchases. Ashley HomeStore does not require a down payment, however, sales tax and delivery charges are due at time of purchase if the purchase is made with your Ashley Advantage™ Credit Card. No interest will be charged on promo purchase and equal monthly payments are required equal to initial promo purchase amount divided equally by the number of months in promo period until promo is paid in full. The equal monthly payment will be rounded to the next highest whole dollar and may be higher than the minimum payment that would be required if the purchase was a non-promotional purchase. Regular account terms apply to non-promotional purchases. For new accounts: Purchase APR is 29.99%; Minimum Interest Charge is $2. Existing cardholders should see their credit card agreement for their applicable terms. Promotional purchases of merchandise will be charged to account when merchandise is delivered. Subject to credit approval. ‡Monthly payment shown is equal to the purchase price, excluding taxes and delivery, divided by the number of months in the promo period, rounded to the next highest whole dollar, and only applies to the selected financing option shown. If you make your payments by the due date each month, the monthly payment shown should allow you to pay off this purchase within the promo period if this balance is the only balance on your account during the promo period. If you have other balances on your account, this monthly payment will be added to the minimum payment applicable to those balances.

§Subject to credit approval. Minimum monthly payments required. See store for details.

‡‡Previous purchases excluded. Cannot be combined with any other promotion or discount. Discount offers exclude Tempur-Pedic®, Stearns & Foster® and Sealy Posturepedic Hybrid™ mattress sets, floor models, clearance items, sales tax, furniture protection plans, warranty, delivery fee, Manager's Special pricing, Advertised Special pricing, and 14 Piece Packages and cannot be combined with financing specials. Effective 1/1/2018, all mattress and box springs are subject to a $10.50 per unit CA recycling fee. SEE STORE FOR DETAILS. Stoneledge Furniture LLC., many times has multiple offers, promotions, discounts and financing specials occurring at the same time; these are allowed to only be used either/or and not both or combined with each other. Although every precaution is taken, errors in price and/or specification may occur in print. We reserve the right to correct any such errors. Picture may not represent item exactly as shown, advertised items may not be on display at all locations. Some restrictions may apply. Available only at participating locations. ±Leather Match upholstery features top-grain leather in the seating areas and skillfully matched vinyl everywhere else. Ashley HomeStores are independently owned and operated. ©2019 Ashley HomeStores, Ltd. Promotional Start Date: March 15, 2019. Expires: March 18, 2019.

LEAD OR BE LED

2019 MOTORTREND TRUCK OF THE YEAR®

RAM TRUCK MONTH

THE ALL-NEW RAM 1500

LasherAuto.com Our Name Means a GREAT Deal

LASHER'S
ELK GROVE DODGE • CHRYSLER • JEEP • RAM
DODGE Jeep RAM

INTRODUCING THE USED CAR AUTO MALL IN THE ELK GROVE AUTO MALL...

LasherAuto.com Our Name Means a GREAT Deal

LASHER™ AUTO GROUP
USED CAR SUPERCENTER

Five Lasher Stores Side-by-Side with

250 Used Cars from $8,998***

RIGHT CAR, RIGHT NOW

Choose from Dodge, Ford, Subaru, Lexus, Audi, Toyota, Volkswagen, Mercedes, Honda, BMW & MORE!

***Used 2011 BMW 3 Series 4dr Sdn 328i RWD SULEV w-Navigation • Stock/Vin: AU3389/WBAPH5C57BA443655

VISIT US IN THE ELK GROVE AUTO MALL OR SHOP ONLINE AT LASHERAUTO.COM!

SACRAMENTO'S #1 DODGE, CHRYSLER, JEEP, RAM AND FIAT VOLUME DEALER*

LasherAuto.com Our Name Means a GREAT Deal

LASHER'S
ELK GROVE DODGE • CHRYSLER • JEEP • RAM
DODGE CHRYSLER Jeep RAM

ElkGroveDodge.com | 877-399-0856

ALL PRICES PLUS GOVERNMENT FEES AND TAXES, ANY FINANCE CHARGES, ANY DEALER DOCUMENT PROCESSING CHARGE, ANY ELECTRIC FILING CHARGE AND ANY EMISSIONS TESTING CHARGE. PRICES GOOD THROUGH 3/31/19.

"GAME-CHANGING, HEART-SHATTERING AND TIMELY AS EVER."

—Time Out New York

Love Can Tell A Million Stories

THE LINCOLN CENTER THEATER PRODUCTION OF

Falsettos

MUSIC & LYRICS BY
William Finn

BOOK BY
William Finn &
James Lapine

DIRECTION BY
James Lapine

CHOREOGRAPHY BY
Spencer Liff

BROADWAY ON TOUR

SACRAMENTO COMMUNITY CENTER THEATER

THROUGH SUNDAY ONLY! LIVE ON STAGE!

WELLS FARGO PAVILION BOX OFFICE: (916) 557-1999 · BROADWAYSACRAMENTO.COM
CONVENTION CENTER BOX OFFICE: (916) 808-5181 · TICKETS.COM

SPONSORED BY WELLS FARGO

GREAT SHOWS. UP CLOSE. IN FOLSOM!

MONTY PYTHON'S SPAMALOT™

15TH ANNIVERSARY WORLD TOUR

THU-SUN **MAR 21-24**

The Tony Award-winning Best Musical, *Monty Python's Spamalot* is the outrageous musical comedy lovingly ripped off from the film classic *Monty Python and the Holy Grail*.

LEGALLY BLONDE THE MUSICAL

FRI-SUN **APR 5-7**

OMG! Based on the beloved movie, *Legally Blonde - The Musical* is a journey from the sorority house to the halls of justice. Elle Woods appears to have it all, until her boyfriend dumps her to attend Harvard Law.

SOMETHING ROTTEN!

THU-SAT **APR 18-20**

With 10 Tony® nominations including Best Musical, *SOMETHING ROTTEN!* is "Broadway's big, fat hit!" (*New York Post*).

Menopause The Musical®

THU-SUN **MAY 9-12**

Four women at a lingerie sale with nothing in common but a black lace bra AND memory loss, hot flashes, night sweats, not enough sex, too much sex and more.

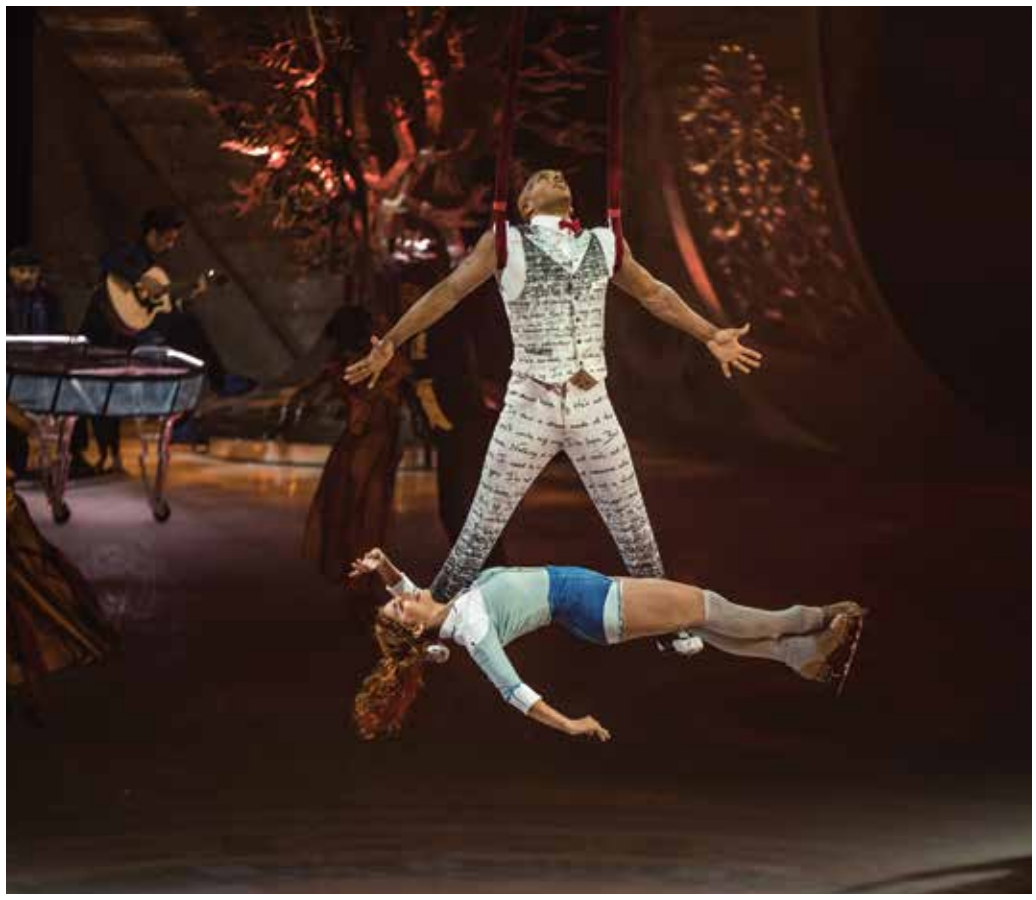
Harris Center

Three Stages at Folsom Lake College

916-608-6888 HarrisCenter.net

Cirque du Soleil Skates Into Sacramento with "Crystal"

Cirque du Soleil is thrilled to return to Sacramento with its coolest arena show yet -- "Crystal." This unique arena production -- Cirque du Soleil's first-ever experience on ice -- showcases synchronized, freestyle and extreme skating alongside circus disciplines such as swinging trapeze, aerial straps and hand-to-hand.



Cirque du Soleil skates in to Sacramento with "Crystal."

Watch world-class ice skaters and acrobats explore their new frozen playground with speed and fluidity as they challenge the laws of gravity with never-before-seen acrobatics.

"Crystal" fuses circus arts and the world of ice-skating in a stunning new production that will take audiences on a journey into a surreal world where figure skating blends with acrobatics and aerial feats.

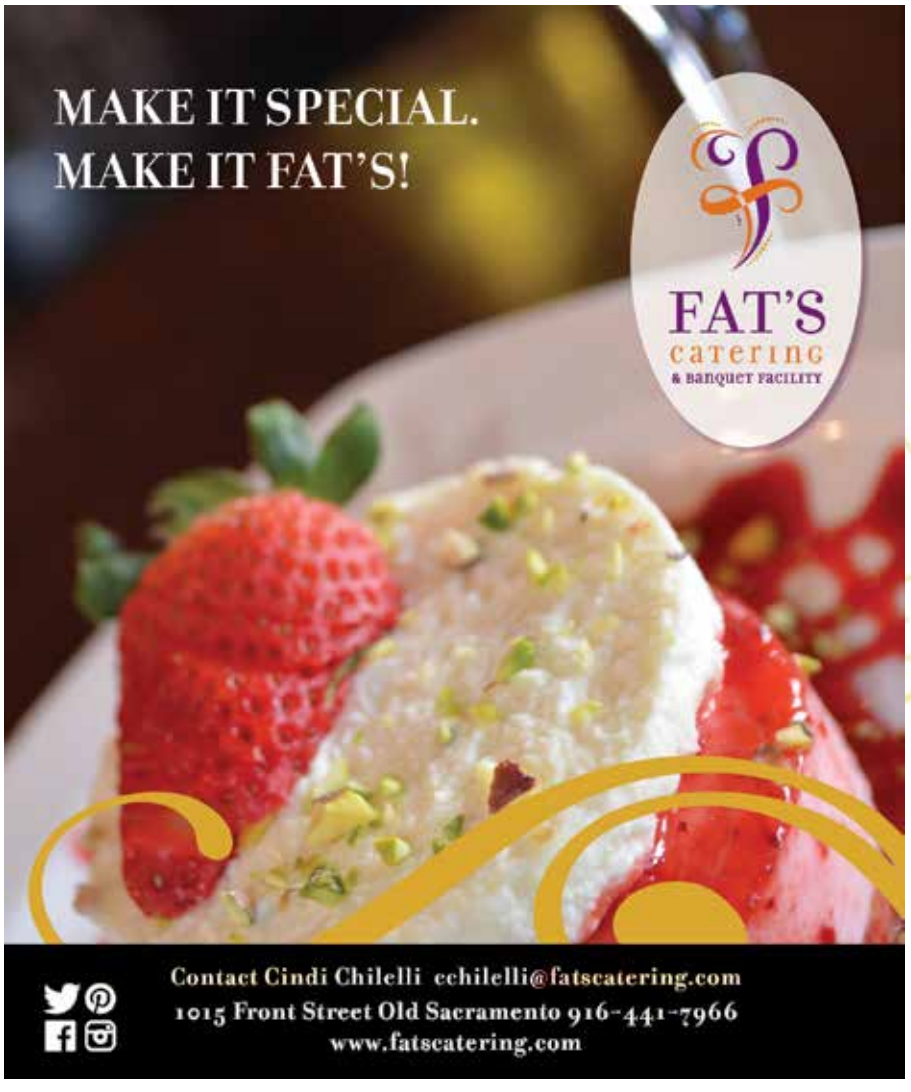
Crystal, the beautiful heroine of the show, takes you on an exhilarating tale of self-discovery as she dives into a world of her own imagination. Feel the adrenaline as she soars through a surreal world at high speed to become what she was always destined to be: confident, liberated, and empowered.

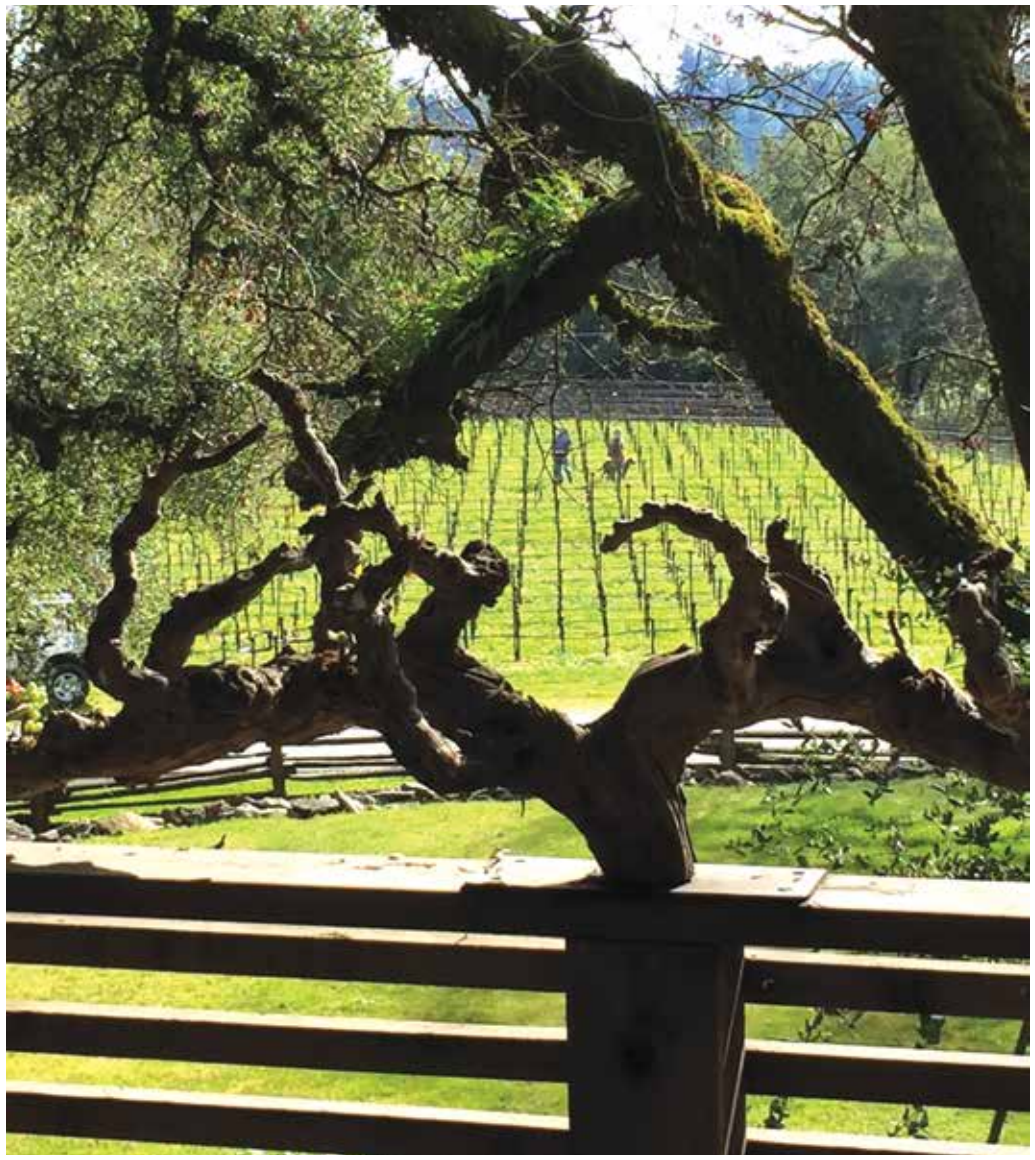
This acrobatic ice show invites you to suspend reality and glide into a world that springs to colorful life with astounding visual projections and a soundtrack that seamlessly blends popular music with the signature sound of Cirque du Soleil.

"Crystal" will perform at Sacramento's Golden 1 Center from Wednesday, March 27 through Sunday, March 31 for seven performances only. Tickets are available for purchase online at cirqudusoleil.com/crystal.

Wedding Services Guide

To be in our next issue, call
Fred! 916-329-9280





Arista - A Gem In Healdsburg

by Diana Keinle

Arista is a winery built from the ground up. Prior to 2002, the property was a private residence without vines, and the McWilliams family has turned it into an outstanding producer of Pinot Noir and Chardonnay. This is a family owned winery that has grown to be a contender for luscious Chardonnay and earthy, fresh Pinot Noir.

The grounds have an Asian flair and are well manicured and relaxing. The previous property owner loved his time in Japan, so he brought that home with him. The McWilliams chose to keep the feel, and it provides a beautiful setting for visitors to relax, picnic, and enjoy the sweeping landscape of vines and mountains.

There was a point in time when Arista moved from making good wine to the pursuit of great. When Mark and Ben became the owners of the winery, it was an important moment for them. In their minds, they needed focus and prioritization to improve their brand. At that time in 2012, they trimmed their portfolio to only Chardonnay and Pinot Noir and hired a winemaker who could bring their vision to fruition. That person was Matt Courtney who had an illustrious career working with Marcassin Wine Company.

Matt's talents have enabled the winery to bring about the focus and finesse to move Arista in the direction of world class Pinot Noir and to the forefront of Russian River wines. The quality and depth of flavors are present in the glass and waiting for you to taste.

I had the pleasure to taste through five different wines: two Chardonnays and three Pinot Noirs. These wines all were single vineyard expressions, and the singularity of the wines was notable with each unique expression. The first Chardonnay was fresh and vibrant with rich flavors of apple. The next was from the Ritchie Vineyard and was lush and fragrant with a soft mouthfeel. The aroma of this wine transported me back to my mother's apple pie - baked apple and cinnamon wafted from the glass. It was quite a moment for me, yet that is what is so beautiful about wine: it has the ability to take you to a different time and place. The Pinot Noirs were all fragrant with red fruit and floral notes leading to well-crafted wine with structured tannins and beautiful fruit flavors. All bode well for today's enjoyment as well as the evolution in the bottle and pleasurable drinking tomorrow.

The property now is by appointment only, and visitors have many options to choose from including a 2-½ hour tasting that includes a five-course lunch prepared on site by their full-time chef.

This winery is worth your visit. Check out www.aristawinery.com. Enjoy!

M&S AUTO

1924 EL CAMINO AVE. | SACRAMENTO, CA 95815

Get pre-approved today on http://www.msautogroup.com/finance/apply-for-financing/

CAPITAL ONE AUTO LOANS | USAA PREFERRED DEALER | CREDIT UNION DIRECT LENDING

M&S AUTO

www.msautogroup.com

/msautog
/msautogroup
/msautogroupsac

916.921.9902
Se Habla Español

Pitching Tents: 8 Places to Go Gay Camping This Spring

by Mikey Rox

Whether you like roughing it in the woods or prefer the luxuries of a well-equipped cabin, these eight inclusive campgrounds, resorts and retreats for both gay men and women have something for everyone. Load up the Winne and git along, little dogies.

Lizard Landing Campground
Columbia, Ala.

Primarily catering to the gay community but welcoming of allies, Lizard Landing offers 11.5 secluded acres of primitive tent sites, no-frills sleeping cabins, and deluxe cabins featuring in-unit hygiene facilities. Heated saltwater pool (your skin will thank you!), fishing, canoeing and kayaking activities are available for adventurers, plus access to a boat ramp if you bring along your vessel. lizardlanding.com

Roy's Hideaway

Gay and lesbian anglers will delight at the abundance of fishing opportunity at Roy's Hideaway – a private, members-only campground in rural Georgia – offering six lakes filled with a wide assortment of daily catch. Landlubbers can stay occupied at the pool and spa area, hiking several tree-covered trails that wind through the property, canoeing, kayaking, duck watching, or enjoying a snack from the café. royshideaway.com

Campit Outdoor Resort
Saugatuck, Mich.

Spread out on 25 private acres at this adult- and members-only tent-and-RV campground catering to gays and lesbians. Located just 10 minutes from Saugatuck – the most popular LGBT vacation destination in the Midwest – Campit offers an immersive outdoor experience, from sprawling meadows to wooded trails to Lake Michigan beaches. Other amenities include a swimming pool, clothing-optional areas, and a gang shower for men. campitresort.com

Twin Ponds Lodge
Albion, Maine

It's a bare-all free-for-all for naturists at Twin Ponds Lodge in Maine, a gated campground and resort for men age 18 and older. Strip down and hang out – literally – anywhere on the property, from the large heated pool and 14-man hot tub to the recreation hall outfitted with billiards, ping-pong, and satellite TV. Day passes also are available if you prefer a shorter stint fishing or hiking, releasing toxins in the wood-fired sauna, scrubbing down in the communal shower room, or catching rays in open sunning areas. twinpondslodge.com

Magnetic Valley Resort
Eureka Springs, Ark.

Considering that Carroll County, Ark., is one of the gayest places in the south-central United States – approximately one-third of its population is "family," according to the New York Times – it's no surprise that this exclusive, private men's resort is a popular destination. Catering to gents age 21 and older, Magnetic Valley facilitates a vibrant social scene that transitions to an intimate atmosphere with amenities like a heated pool, hot tub, dry sauna, outdoor showers, fire pit, and the Carrie Nation Bar. magneticvalleyresort.com

Southern Comfort Campground
Cross City, Fla.

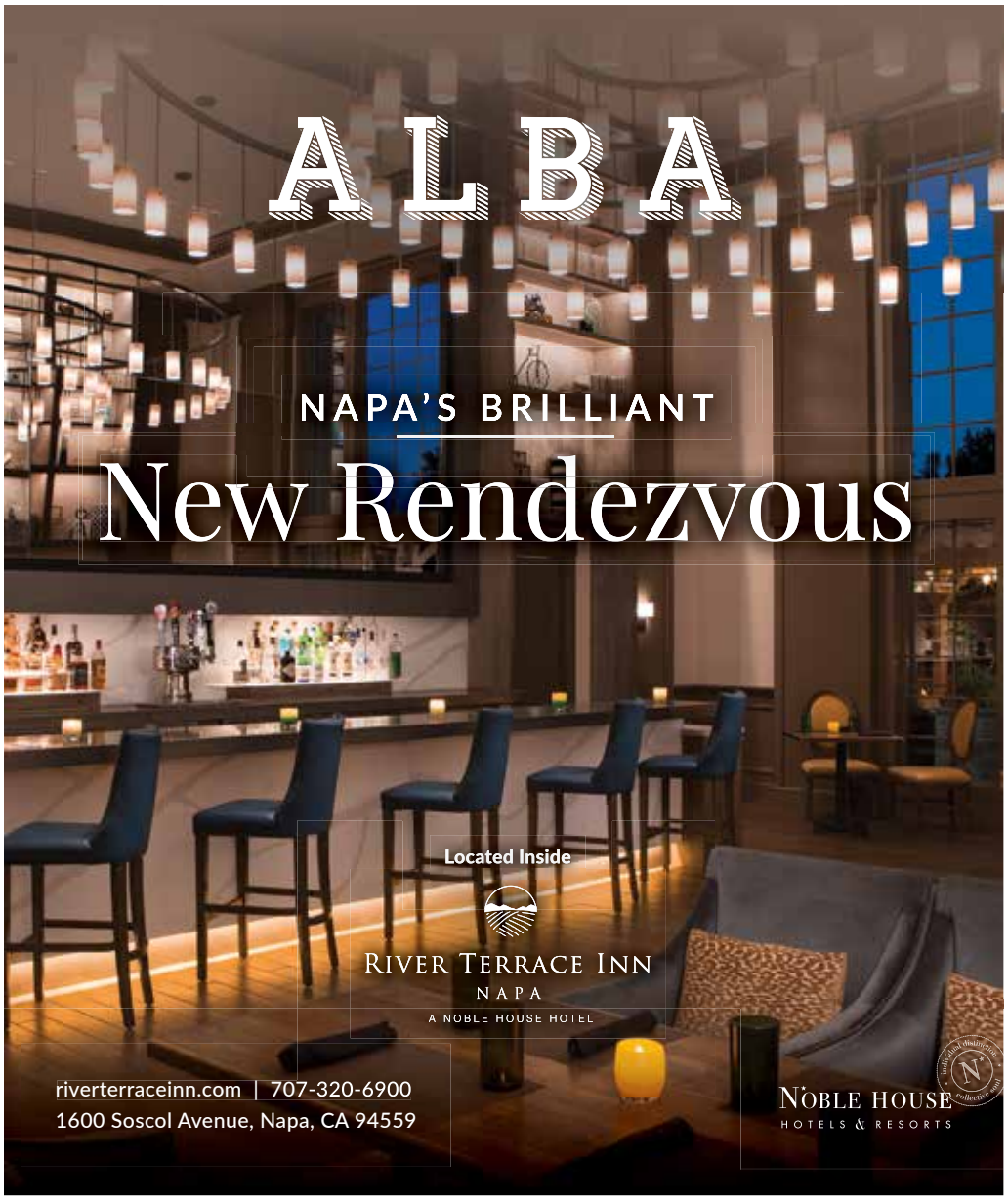
If you prefer a more private, members-only (and age 18 and older) ambience, check into the clothing optional and aptly named Southern Comfort Campground in northwest Florida. Pick from your preference of camp arrangement – tent, RV or cabin – before letting loose in the Southern Nights clubhouse, playing horseshoes or volleyball, visiting the beer garden, or dressing up for one of the destination's theme weekends. southerncomfortcampground.ne

Stag Run Club at Overlook Farm
Mauckport, Ind.

Gunning to get dirty? Don your boots and overalls for a weekend of camping among farm animals, including horses, cows, chickens, ducks, and other wildlife with which you can interact. Tents, log cabins, bunkhouses and suites are available on this private, all-male property where, after you've put in an honest day's work (like gathering your own freshly laid eggs for breakfast), you can bask on the clothing-optional sun deck; dive into the heated pool; engage in games in the lodge; or ride your own stallion if you brought one – of the two- and four-legged variety. stagrunclub.com

Stag Run Club

Mikey Rox is an award-winning journalist and LGBT lifestyle expert whose work has been published in more than 100 outlets across the world. He spends his time writing from the beach with his dog Jaxon. Connect with Mikey on Instagram @mikeyrox



Artsy Movies On The Big Screen

by Chris Narloch

Film lovers and art lovers should have a field day thanks to several upcoming movie programs in Sacramento -- at Tower Theatre and at Verge Center for the Arts -- that celebrate great painters.

Movies On The Verge

Sacramento's Verge Center For The Arts in midtown continues its winter series of film with the 2017 title "Boom for Real: The Late Teenage Years of Jean-Michel Basquiat," which follows the legendary artist's life pre-fame.

Using never-before-seen works, writings and photographs, director Sara Driver, who was also part of the New York arts scene, worked closely and collaboratively with friends and other artists who emerged from that period.

Drawing upon their memories and anecdotes, the film also uses period film footage, music and images to visually re-recreate the era, drawing a portrait of Jean-Michel (who was bisexual) and pre-AIDS New York City, before money and ambition took over the downtown arts scene.

The definition of fame, success and power were very different than today – to be a penniless but published poet was the height of success, until everything changed in the early 1980s. This is New York City's story before that change.

Bacchus by Caravaggio

"Boom For Real" screens one time only, on the evening of Thursday, March 21 at 7:30 p.m. For more information, visit https://www.vergeart.com.

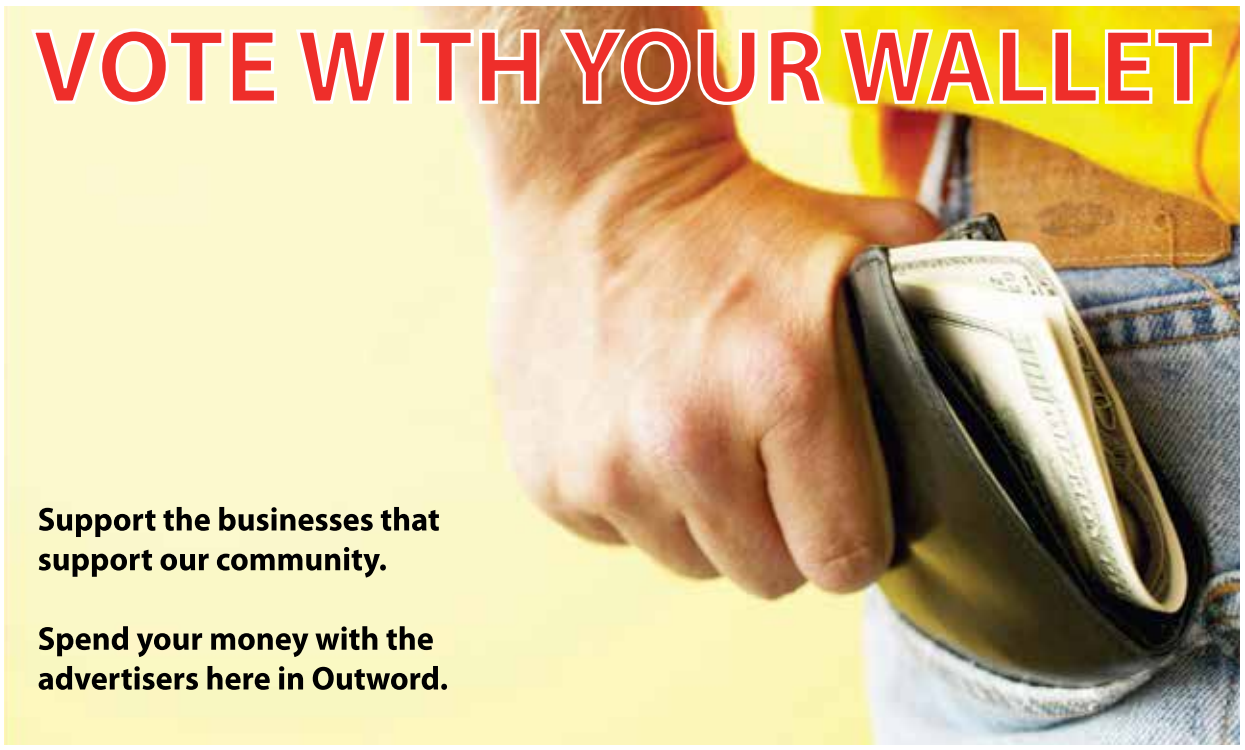
Great Art On Screen

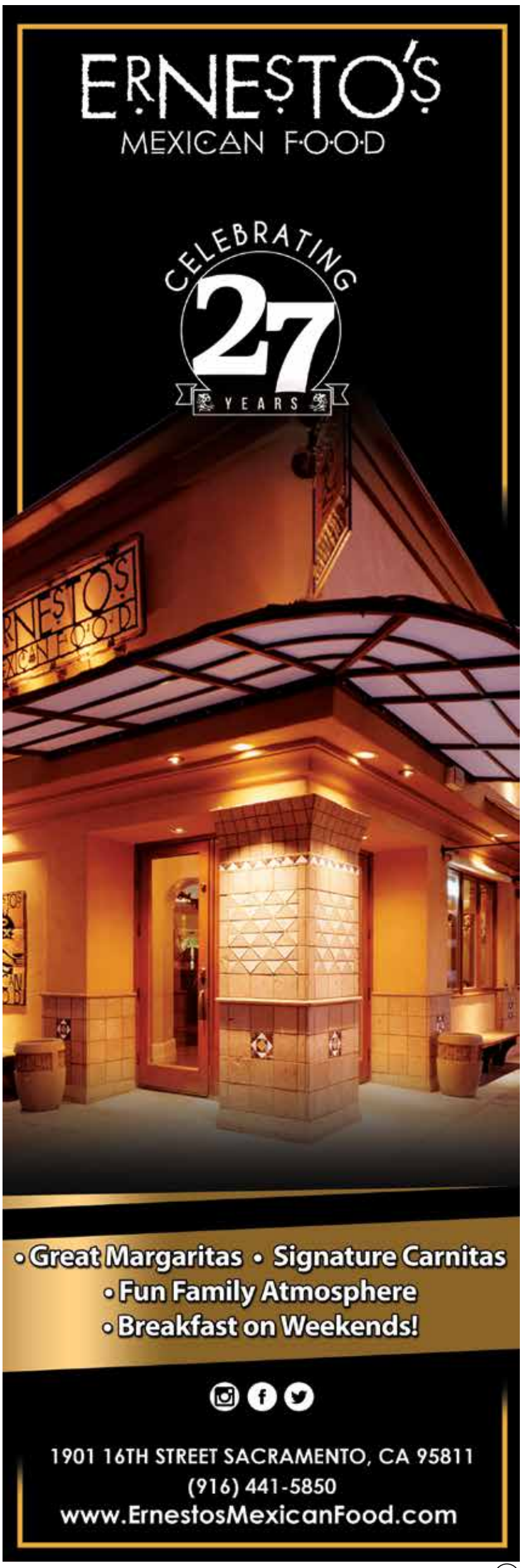
There are three separate programs left in the Tower Theatre's Great Art On Screen series, which next looks at the paintings of the Italian master Michelangelo Merisi di Caravaggio, on Tuesday evening, March 19.

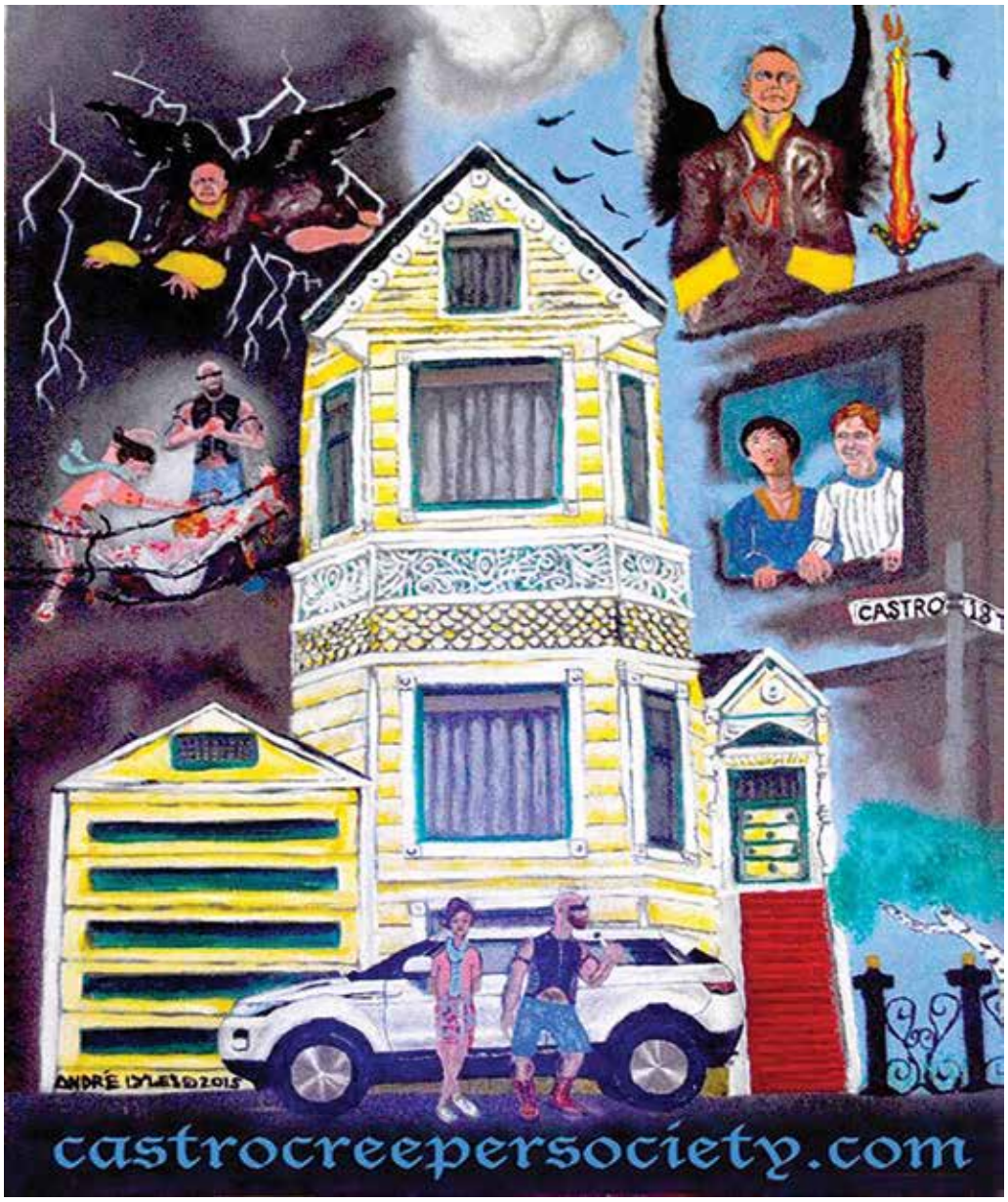
A notorious wild man, Caravaggio is believed to have had both male and female lovers, and you don't have to look too closely to find the homoerotic elements in his art, which comes alive in this immersive journey through the painter's life and work.

Roberto Longhi, a Caravaggio expert, explores in the artist's masterpieces the echo of personal experiences and the expression of the human state, both physical and emotional, allowing viewers to go deep inside the mind and soul of Caravaggio.

Future titles in the Great Art On Screen series include films on Claude Monet, and Gustav Klimt and Egon Schiele. Visit https://www.readingcinemasus.com/tower/programs-and-events.







Don't Miss "Vietgone" & "A Doll's House, Part 2"

by Chris Narloch

Two highly acclaimed new plays are making their Sacramento premieres currently, thanks to Capital Stage and B Street Theatre.

A Doll's House, Part 2

Sacramento is very lucky to have a shot at this dynamite new play so soon after it stormed Broadway and the Tony Awards with a smash hit production that starred the great Laurie Metcalf and Chris Cooper.

The terrific Sacramento-based actress Melinda Parrett takes over the starring role in B Street's production, and it is a plum role indeed.

Parrett plays Nora Helmer, one of the most iconic roles in all of theater, in this clever sequel to "A Doll's House," Henrik Ibsen's classic 19th century play, which ended with an unfulfilled Nora leaving her husband and children to go it alone.

That ending was a shocker back in 1879, and "A Doll's House, Part 2" takes comic aim at the material by imagining what would happen if Nora knocked on the door again, 15 years later.

The new play's whip-smart script, by playwright Lucas Hnath, keeps shifting our sympathy around, and the plot springs one entertaining surprise after another on the audience -- miraculously, none of them feel mechanical or contrived.

A tight, four-person ensemble brings the world of the play to glorious life, with Brian Dykstra and Tara Sissom providing strong support as Nora's abandoned husband and daughter, respectively.

Ms. Parrett and Stephanie McVay register even more vividly in juicy roles that give them the best lines in the play. (As the shrewd housekeeper Anne Marie, McVay gets to swear, and she has a real knack for it.)

"A Doll's House, Part 2" is both a rock-solid entertainment and a fascinating examination of women's rights, gender roles and the battle of the sexes.

You don't need to have seen or read the first "A Doll's House" to enjoy Part 2, which performs at The Sofia, courtesy of B Street Theatre, through April 7. Visit www.bstreettheatre.org.

Melinda Parrett and Stephanie McVay star in "A Doll's House, Part 2."

Vietgone

I wasn't able to see Capital Stage's new production of this highly acclaimed comedy before our deadline, but when I saw it a couple years ago at OSF in Ashland, I was totally knocked out.

Playwright Qui Nguyen has essentially written an incredibly clever origin story about himself and his parents -- they inspired the play's fictionalized Vietnamese lovers, who meet in a relocation camp for refugees in Middle America.

Sexy, funny, dramatic and very original, "Vietgone" should be a perfect show for Cap Stage, which excels at mounting ambitious newer works. The Bay Area's Jeffrey Lo will direct, and performances run through April 14. Visit www.capstage.org.

“Captain Marvel” & Other New Chick Flicks

by Chris Narloch

I have always hated the term “chick flick” which I find dismissive and sexist. On the other hand, describing a movie as female-centric sounds sort of pretentious to me. Sometimes, you just can’t win. So, here are my thoughts on the latest estrogen-powered pictures on the big screen.

Brie Larson stars in “Captain Marvel”

Captain Marvel

The fine folks at Sacramento’s Esquire IMAX Theatre want you to know that they have reduced their ticket prices -- even on blockbusters such as “Captain Marvel” -- every Monday through Thursday, when admission will drop from the weekend ticket price of $18 to a very affordable $12. That is a good deal considering the enormous screen and killer sound system at the IMAX.

The other nice news is that I genuinely liked “Captain Marvel,” the second successful superhero chick flick. The new movie is almost as fun as “Wonder Woman,” which I loved, and I especially enjoyed the large roles given to female actors, including Brie Larson, Annette Bening, Lashana Lynch and Akira Akbar.

To be fair, there are also several talented and handsome men on hand in “Captain Marvel,” including Jude Law and Djimon Hounsou, who play sexy bad guys, and Samuel L. Jackson, who teams up with a shape-shifting cat for some very funny comic relief.

Fans of wall-to-wall mayhem may be disappointed by the relatively quieter action of “Captain Marvel,” which takes the time to actually develop its characters and their relationships. That approach made me happy, and it may be the result of the fact that one of the film’s two directors is a woman, as are several of its writers.

The movie’s plot is as convoluted as every other superhero flick, and I am not into springing spoilers on readers, so you will just have to go see the movie and make up your own mind about the new female Avenger on the big screen.

To see “Captain Marvel” at the Esquire IMAX, go to https://www.imax.com/imax-esquire-oo.

More Chick Flicks

There were several other interesting female-driven films at the multiplex as I wrote this, and I recommend you check them out -- if you can still find either of the following movies on local screens.

The great French actress Isabelle Huppert makes a superb psychopath, who stalks Chloe Grace Moretz in “Greta,” and Florence Pugh is terrific alongside Dwayne “The Rock” Johnson, in the very entertaining lady-wrestler comedy, “Fighting With My Family.” Both movies deserved better than their weak promotional campaigns.

916.833.8510

4 Man Hours of Cleaning $100

6 Man Hours of Cleaning $150

8 Man Hours of Cleaning $200

10 Man Hours of Cleaning $250

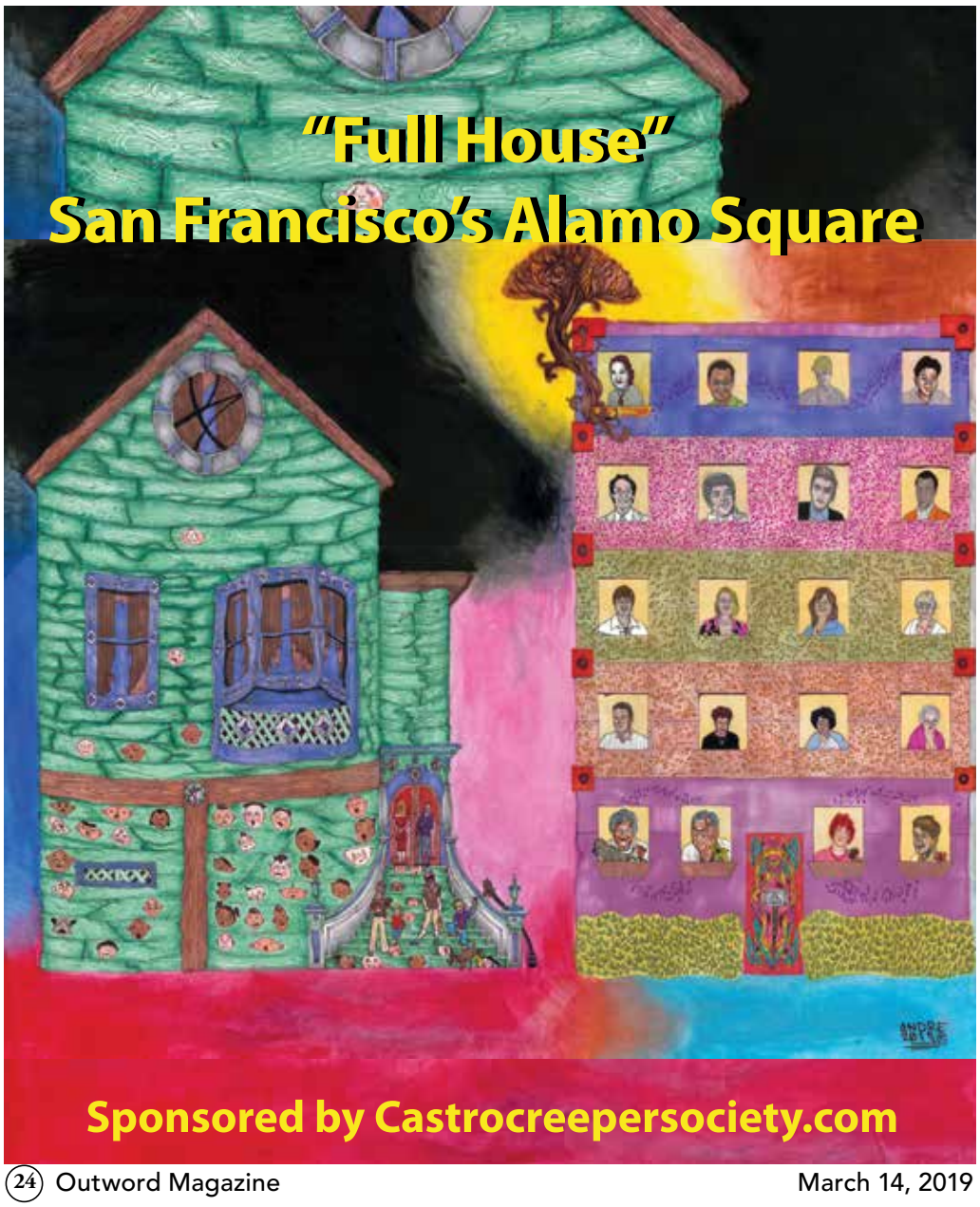
House 2 Om

Enjoy your days worry free, come home to a clean sanctuary...

Approx. 50% Savings.
Call for details.
Restrictions apply.

DISCOVER MasterCard VISA

info@house-2-om.com



Out and About with Matt

by Matt Burlingame

Being sick sucks! Especially when there are so many things to do this month! Before I talk about them, I want to say a heartfelt thank-you to everyone who attended and participated in the Seventh Annual LGBT Wedding Expo at the Hyatt Regency Sacramento. It was such a great event and the organizers deserve a huge round of applause! (See pics from the event on page 27)

March's Rainbow Chamber monthly mixer and multi-chamber collaborative will meet on March 19 at 5 p.m. at the Granite Bay Golf Club, 9600 Golf Club Dr. in Granite Bay to hear from a panel who will share how healthcare and our region's economic health has evolved and where it is headed. There will be a reception afterwards and member networking. rainbowchamber.com

The Labor Council for Latin American Advancement will host Sacramento's 19th annual Cesar Chavez march on March 30 from 10 a.m. - 2 p.m. Expect some of the best food and music Sacramento has to offer along with danzantes and ballet folklorico. lclaa.org

Won't someone think of the children? Yes! Fair Oaks LGBTQ Youth Group for ages 12-17 meets every Thursday at 5 p.m. at the Fair Oaks UMC Teen Room, 9849 Fair Oaks Blvd. The Q-Spot hosts a Friday youth group for ages 18-24 at the Sacramento LGBT Community Center, 1927 L St. Both groups offer discussion, community support and educational activities.

The Sacramento LGBT Community Center's Q-Spot is hosting a Trans Masculine Workshop Series for youth ages 13-24. The six week series will include topics such as the gender spectrum; social, medical, and legal transition and activism. The workshops will be held March 22 - April 26 at the Sacramento LGBT Community Center, 1927 L St.

You can never go wrong with Beer and Ballet! Dancers create their own works and develop their choreographic voices. Come see the event March 21 - April 7 at the Cunningham-Binda Stage at the Sacramento Ballet, 2420 N St., Suite 100. Internationally recognized choreographer Val Caniparoli will serve as the first guest mentor for the program. For more information and tickets, call the Sacramento Ballet Box Office at (916) 552-5810.

"Falsettos" is almost done charming Sacramento audiences. So, naturally, that means you've already herded your "Cats" tickets. Running April 2 – 7, the beloved Andrew Lloyd Webber musical boasts breathtaking music, including one of the most treasured songs in musical theater, "Memory." Winner of seven Tony Awards® including Best Musical, "Cats" features new sound design, direction and choreography for a new generation. Broadwaysacramento.com

Feeling crafty? Join the Lavender Library, 1414 21st St., on the First & Third Sunday each month for an afternoon of creating and making in a queer affirming space. Share projects, skills, and techniques with like-minded artists and crafters. Basic craft supplies such as markers, colored pencils, paper, coloring pages, and collage materials will be provided. Bring a project you're already working on or start a new one.

Wishing Jerry Sloan a speedy recovery from his recent cataract surgery. Happy birthday to Troy Meaney, Jose Rodriguez, Aaron Piccirillo, Charles Abel-Lear, Andy Cook, Raylynn Sanders, Gregg Rasmussen, Phyllis Gerstenfeld, Beverly Kearney, David Memmler, Andrew Gibout, Ron Grantz and all the other March babies.

Got events, birthdays, anniversaries, or did something awesome happen to you recently? Let Matt know at matthew.burlingame@gmail.com. Check out his books at JustKissTheGuy.com.

LUCKY BUDDY petcare

luckybuddypetcare.com
916 • 505 • 4375
pet sitting • dog walking
licensed • insured • bonded

CURRENT AND 10 YEAR WINNER OF THE SACRAMENTO A-LIST

NCAC
NORCALAIDSCYCLE

EPIC ADVENTURE TOUR

BRIDGES & FERRIES & BIKES...OH MY!

Celebrating 15 Years of Riding for the Cause

mike's bikes
outword media • marketing • events
Uptown Studios 25 YEARS OF SOCIAL CHANGE
TEICHERT
First Tech federal credit union
InterDesign Studio
LUCKY BUDDY petcare
Billy's Farm
OPTUM
HEALING WATERS WILDERNESS ADVENTURES
Alhambra

This year we ride over the Golden Gate Bridge, through beautiful Marin, Sonoma, Napa and Yolo Counties. Join us for a fully supported 4 day ride.

SIGN UP NOW AND TRAIN WITH US!

WE RIDE MAY 16-19

Visit: norcalaidscycle.org
AND SIGN UP TODAY!

All levels welcome!

Outword Salutes Sacramento's Rainbow Chamber of Commerce

FEATURED MEMBERS *in alphabetical order*

Name	Company	Phone	Service
Eric Geiger	Styleyes Optical	(916) 448-2220	Eyewear
Brian McMartin	McMartin Realty	(916) 402-4160	Broker/Owner, Realtor
Bonnie Osborn	WriteAway Communications Services	(916) 212-9110	Full-service PR and Copywriting
Fred Palmer	Outword Magazine	(916) 329-9280	Publisher/Owner
Howard Papworth	Halo Branded Solutions	(916) 880-8226	Promotional Products
Jason Russell	Russell CPAs	(916) 966-9366	CPA
Stephanie Slagel, CLU	State Farm Insurance	(916) 485-4444	Insurance & Financial Services
Your Name Here?			

Yes! Please include me in this ad!

Name _____
Company _____
Service _____
Phone _____

☐ I have included a check for $150 - for three months (six insertions)
☐ I would like to call with my credit card info. 916-329-9280

To list your business call Fred at:
Outword Magazine • 916-329-9280

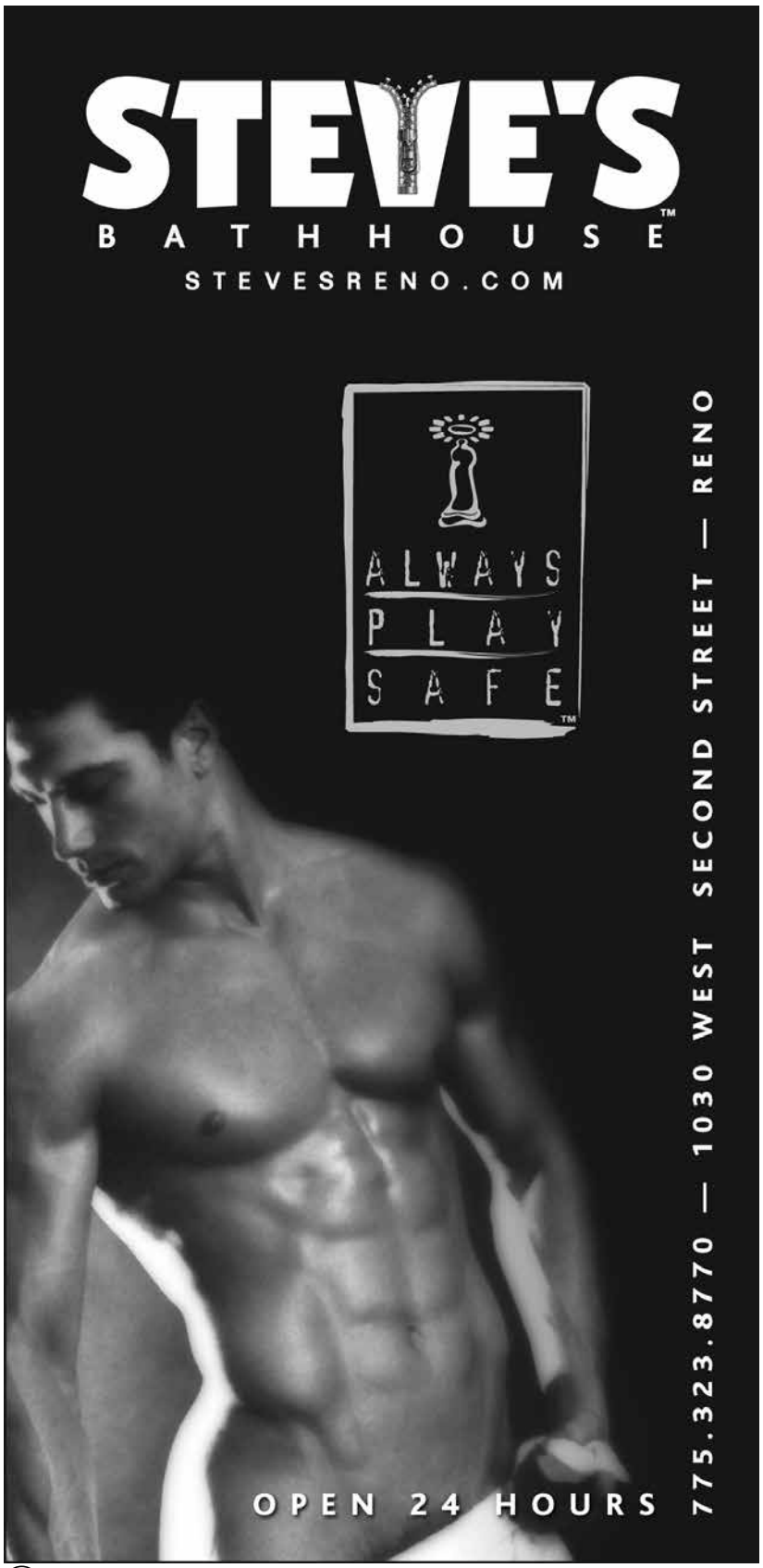
Sacramento Rainbow Chamber of Commerce

Featured Member of the Month

State Farm

Stephanie Slagel, CLU
State Farm Insurance
6130 Fair Oaks Blvd, Suite E
Carmichael, CA 95608
stephanie.slagel.ndlc@statefarm.com
(916) 485-4444
Providing Insurance and Financial Services

www.outwordmagazine.com



Advertiser Directory

ACCOUNTING/TAX PREP

RUSSELL, CPAS
Jason Russell, CPA Lic. 99177
Jason@RussellCPAs.com 916-966-9366

ADULT STORES

L'AMOUR SHOPPE
2531 Broadway, 916-736-3467

ATTORNEYS

M. JANE PEARCE
455 University Ave. Ste 370. 916-452-3883

AUTO DEALERS

ELK GROVE SUBARU
8585 Laguna Grove Dr., Elk Grove,
877-360-0259
ElkGroveSubaru.com
ELK GROVE DODGE, CHRYSLER, JEEP
8575 Laguna Grove Dr., Elk Grove,
877-399-4262
ElkGroveDodge.com

M&S Auto
1924 El Camino Ave.
Sacramento, CA 95819
916-921-9902
www.msautogroup.com

BARS / CLUBS

BADLANDS
2003 K St., 916-441-6823 SacBadlands.com

THE DEPOT
2001 K St., Sac, 916-441-6823 TheDepot.net

SIDETRAX
2007 K St., 916-441-6823
facebook.com/sidetraxsac

CATERING

FAT'S CATERING
916-441-7966
www.fatscatering.com

CHIROPRACTORS

HEALING TOUCH CHIROPRACTIC
Dr. Darrick Lawson, 1919 21st St, Ste. 101,
916-447-3344 www.FixMyBack.com

CLEANING SERVICES

HOUSE 2 OM
916-833-8510
www.house-2-om.com

HOUSE CLEANING
916-507-5375
www.saccleanliving.com

COSMETIC SURGERY

SAPOORA MANSHAII MD INC.
2045 Hurley Way #415
916-696-2022

COUNSELING

WEAVE
916-920-2952 (24/7)
www.weaveinc.org

DENTISTRY

ERIC GROVE, DDS
KENDALL HOMER, DMD
9216 Kiefer Blvd., STE 5
916-363-9171
grovehomerdentists.com

SMILE ART DENTAL
3171 Riverside Blvd.
916-446-0203
www.smileartdental.com

DINING/BEVERAGES

ERNESTO'S MEXICAN FOOD
1901 16th St. 916-441-5850
ernestosmexicanfood.com

IL FORNAIO
400 CAPITOL MALL, 916-446-4100
www.ilfornaio.com/sacramento

LA COSECHA - THE HARVEST
917 9th St. 916-970-5354
lacosechasacramento.com

LUCCA RESTAURANT & BAR
1615 J St., 916-669-5300
www.LuccaRestaurant.com

MAYAHUEL
Corner of 12th and K St.
916-441-7200

FINANCIAL PLANNING

MIDTOWN FINANCIAL
Al Roche, 1330 21st St., Ste. 201,
916-447-9220 MidtownFinancial.net

HEARING

UNIVERSITY AUDIOLOGIC, INC.
Deborah Powell, M.S., 1325 Howe Ave., Ste.
101, 916-927-3137

HEATING & AIR

PERFECTION HOME SYSTEMS
916-481-0658
www.HotCold.com

HEALTH SERVICES

CAPITAL CITY AIDS FUND
1912 F Street, 916-448-1110

ONE COMMUNITY HEALTH
1500 21st St., 916-443-3299
onecommunityhealth.com

INSURANCE

LELAND INSURANCE
Bill Skinner, 916-428-1309
bill@lelandins.com

STATE FARM INSURANCE
Stephanie Slagel, 916-485-4444
StephanieSlagel.com

LANDSCAPING

DEMETRE LANDSCAPES
916-648-8455

LIBRARIES

LAVENDER LIBRARY
1414 21st St., 916-492-0558
LavenderLibrary.com

FRIENDS OF THE SAC. PUBLIC LIBRARY
8250 Belvedere, Ste. E,
916-731-8493

LIMOUSINE SERVICE

AMAZING LIMOUSINES
916-974-9477
MyAmazingLimo.com

MEN'S CLUBS

STEVE'S
1030 W. 2nd St., Reno 775-323-8770
www.StevesReno.com

MORTGAGE

MICHAEL POLAND
Movement Mortgage
916-936-3710
michael.poland@movement.com

JEREMY WILLIAMS
Positive Lending
707-592-1732 cell
jeremy@mrhomeloans.com

OPTOMETRY

CAMERON YEE, O.D.
6407 Riverside Blvd., 916-395-0673
DrCameronYee@aol.com

PEST MANAGEMENT

EARTH GUARD PEST SERVICES
916-457-7605
contact@earthguardpest.com

PET SITTING/CARE

GRATEFUL DOG
430 17th Street, Sacramento
916-446-2501
gratefuldogdaycare.com

LUCKY BUDDY PET CARE
916-505-4375
LuckyBuddyPetCare.com

PHARMACY

PUCCI'S PHARMACY
2821 J Street, Sacramento, 916-442-5891
www.puccirx.com

PRODUCE DELIVERY

FARM FRESH TO YOU
800-796-6009
www.farmfreshtoyou.com

REAL ESTATE

COLDWELL BANKER
Mark T. Peters, 916-341-7794
www.MarkPeters.biz
Tim Miguel, 916-798-0746
www.TimMiguel.com
MCMARTIN REALTY
Brian McMartin, 916-402-4160
brian@brianmcmartin.com
McMartinRealty.com

THEATERS & MOVIES

BROADWAY SACRAMENTO
BROADWAY AT MUSIC CIRCUS &
BROADWAY ON TOUR
916-557-1999
www.BroadwaySacramento.com

MONDAVI CENTER
1 Shields Ave, Davis, 530-754-5000
www.mondaviarts.org/events

The Word is out.

DNC on Trump's Proposed Cuts to HIV Prevention Funding

Today, the White House released Trump's latest budget proposal, which included a 22 percent cut in funding for PEPFAR, a program to treat and fight HIV/AIDS across the globe. In response, DNC LGBTQ Media Director Lucas Acosta issued the following statement:

"Trump's proposed cut to PEPFAR is just the latest indicator that he has no real intention of making the investments necessary to combat HIV/AIDS. Further, Trump's proposed cuts to Medicare and Medicaid, totaling more than $1 trillion, would limit the ability of HIV+ people to afford and attain the lifesaving medicine and treatment they need.

"HIV+ people around the world and at here in the U.S. deserve more than lip-service and empty rhetoric."

Out & About

Photos by Charles Peer. Taken at the Seventh Annual LGBT Wedding Expo.

Seventh Annual

LGBT

Wedding Expo

Sacramento, CA
Sunday, March 10, 2019

SOURCE EVENTS

Explore the **World!** *Discover your* **Source!**

All-Gay Greek Islands Odyssey

Aboard s/v Star Flyer

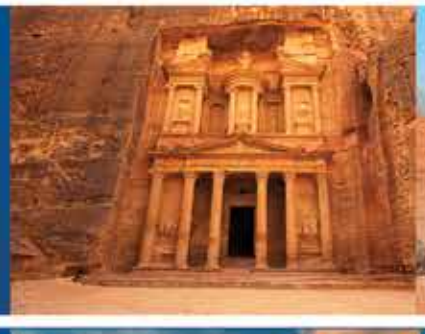
August 24 - 31, 2019 / 7 Nights | 8 Days

Milos | Santorini | Bodrum (Turkey) | Mykonos | Sifnos | Spetses

Israel, Petra & Tel Aviv Pride

Jerusalem | Wadi Rum & Petra | Tel Aviv

June 7-16, 2019 / 9 Nights | 10 Days



A Voyage Around Iceland

Aboard the Windstar's Star Breeze

August 13-20, 2019 / 7 Nights | 8 Days

For more details and to reserve, call us at **888-768-7238** or email us at **Reservations@SourceEvents.com**

Visit **www.SourceEvents.com** for information on all of our journeys

Mention **Outword Magazine** for special savings.

IGLTA

FST #ST36420

STD AND HIV RATES ARE ON THE RISE AGAIN!!!!!

STD/HIV testing services are available at our Midtown Campus during the following days and times:

Monday, Tuesday, Thursday	8 am–6 pm (closed 12 pm-1 pm)
Wednesday	8 am-6 pm (closed 12 pm-2 pm)
Friday	9 am-5 pm (closed 12 pm-1 pm)
Saturday	9 am-4 pm (closed 12 pm-1 pm)

Testing is available for HIV, Hepatitis C, Chlamydia, Gonorrhea and Syphilis.

One Community Health
Healthy Together.

Midtown Campus
1500 21st Street, Sacramento, CA 95811

916 443-3299 **OneCommunityHealth.com**

OTHER STD/HIV TESTING LOCATIONS IN THE SACRAMENTO AREA:

Gender Health Center
2020 29th Street, Suite 200
Sacramento, CA 95811
916 455-2391
TheGenderHealthCenter.org

Harm Reduction Services
2800 Stockton Blvd.
Sacramento, CA 95817
916 456-4849
HarmReductionServices.org

ZERO NEW HIV INFECTIONS TOGETHER

Sierra Foothills AIDS Foundation
12183 Locksley Lane, Suite 208
Auburn, CA 95602
530 889-2437
SierraFoothillsAIDS.org

Sacramento LGBT Community Center
1927 L Street
Sacramento, CA 95811
916 442-0185
SacCenter.org

Golden Rules Services
4433 Florin Road, Suite 760
Sacramento, CA 95823
916 427-4653
GoldenRulesServicesSacramento.org