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Health Department to Cut 10,000 Jobs Under Federal Workforce Reduction Plan

Tealth Secretary Robert F. Kennedy Jr. announced that the Department of Health and Human Services (HHS) is preparing to cut up to 10,000 jobs as part of a sweeping reduction-in-force initiative driven by the Trump Administration. The planned layoffs come on the heels of a previous round of voluntary buyouts, which saw another 10,000 employees exit the department. Together, the 20,000 positions represent approximately 25% of the agency's former workforce.

The job cuts are part of a larger federal directive aimed at streamlining government operations and reducing overall payroll expenses. Each sub-agency within HHS has been ordered to submit a plan outlining how it intends to meet its share of the targeted reductions. Officials say the final details will be worked out in the coming months, guided by an executive order mandating downsizing across the federal workforce.

The Department of Health and Human Services operates with an annual budget of approximately \$1.7 trillion, making it the largest in the federal government. However, most of this budget is tied to mandatory spending programs such as Medicare, Medicaid, and the Children's Health Insurance Program (CHIP), which provide health coverage to tens of millions of Americans.

While those entitlement programs are not expected to be directly affected by the staff reductions, the cuts could have a significant



impact on the department's other critical functions. HHS oversees several key research and regulatory bodies, including the Food

and Drug Administration (FDA), the Centers for Disease Control and Prevention (CDC), and the National Institutes of Health (NIH). These agencies are responsible for a wide range of public health initiatives, from disease prevention to medical research and drug safety.

Critics of the plan warn that the staffing cuts could hamper the department's ability to respond to future health crises or maintain current standards in research and regulation. Supporters argue the reductions are necessary to eliminate bureaucratic inefficiencies and refocus resources on core priorities.

Secretary Kennedy has emphasized that the agency will seek to minimize disruptions while carrying out the reductions. "This is a difficult but necessary step to ensure a more efficient and responsive department," he said.

Agency officials are expected to release more detailed plans and timelines in the weeks ahead.







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Politics Are Personal: My Story, My Existence, My Fight

by Stephen Lewis (He/Him/His)

have felt compelled to tell my story-while I am alive, breathing, and have the chance to. The reality is that the Trump administration's ultimate goal is to erase the existence of transgender people. As of January 20th, 2025-they are succeeding. Transgender people are already one of the most targeted minority groups in the country, specifically targets of hate crimes being transgender women of color. 42% of transgender Americans have attempted suicide in their lifetime. People who keep saying "things will get better, it's only four years" have likely never tried to take their own life because of the absolute agony of living in the wrong body.

A common misconception is that transgender people just wake up randomly one day and choose to be trans. I knew affirmatively when I was nine years old, if not earlier on. I wore one of my dad's suits to his annual company holiday party. I was drowning in it, physically, but mentally I would drown every time I was forced to wear a dress. Puberty hit me like a freight train and the physical changes were tortuous. I slouched my shoulders to hide the emerging changes, and gradually I began to sink further and further into myself. My friends were all overjoyed that they were starting to change. They were starting to be interested in boys. Starting to go shopping for bras with their moms. I couldn't relate to any of it.

High school only got worse. I attended an all-girls Catholic high school-with uniforms, with skirts. On mass days there wasn't an option to wear pants, or else you would get detention. Nine times out of ten I would make up excuses to my parents to get out of them. I was told I couldn't cut my hair any shorter or I would get in trouble. I was sent to the dean's office for hugging a platonic friend around the waist from the side. We were forced to attend masses that ranted about being pro-life and told that marriage could only exist between a man and a woman. I was bullied and called and labeled a lesbian. Hidden by girls who said they had feelings for me but "didn't like girls".

I was only fifteen years old when I had my first thought of suicide and sixteen when I made my first attempt, which led to a 51-50, a 72 hour hold in a psychiatric hospital. I began therapy immediately following my release, and it was then that my therapist introduced me to the terms "gender dysphoria" and "transgender". It was like waking up for the first time completely clear after being trapped in a fog for the last sixteen years. I began to use he/him pronouns. I began to openly date women. The name calling and taunting from my classmates stopped. I dreamed of the day that I would graduate high school so that I could at last begin the journey that would be my new life.

That day finally came on December 22nd, 2014 when I began hormone therapy. The days of the month I dreaded ceased to exist. My voice began to deepen. I started passing



as who I knew I always was. My father knew it wasn't a phase anymore and started calling me his son. March 22nd, 2017 I was granted a court order to legally change my name and my gender. June 23rd, 2017 I had my top surgery done. I will still say, 8 years later, that day was the happiest in my entire life. I do not say this lightly when I say gender affirming care saved my life. If I had not been able to access it, I would not be here to tell my story.

I don't care to hear the excuses anymore; politics are personal, and you cannot say you love someone and vote for those who are actively taking their rights away. My community has historically been targeted and been told to stay silent, to be smaller, to take up less space. The Trump administration and their supporters can try and erase us, but they will never silence us. We are here existing, and we always have been.

See Our Living LGBTQ+ Timeline on ISSUU

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Here's What You Must Do by Mark Segal

ike many of you, I'm feeling a bit of whiplash from the sheer speed and scale of the changes President Donald Trump is Itrying to force through via executive order. Some of you have told me you've stopped watching the news altogether. You've tuned out, shut down, and chosen not to engage.

Please don't. Because if you do, he wins.

Protest is at the heart of this country. It's in our DNA – and when done right, it leads to real change.

Lately, I've realized something surprising: I'm an optimist. Despite the political tsunami crashing down on us, I still see a way forward. I believe there's a path for us, even as executive orders pile up and our Constitution is strained under the weight of authoritarian ambition. Yes, I'll say it: this isn't politics as usual. This is an attempt to sidestep democracy and centralize power.

I could list all the ways this administration is putting our democracy in harm's way. But you already know them because you've felt them-in your wallets, in your families, and in your communities. We're all living through rising prices caused by tariffs, cuts in programs we rely on, the fear of agencies like ICE causing chaos.

So instead, let me tell you why I still have hope and how we fight back.

I've been protesting for the last 61 years. I was 13 in 1964 when my grandmother took me to my first civil rights demonstration. Last week, my husband Jason and I marched in one of the 1,200+ protests that took place across America. Millions of us took to the streets. And what struck me most was this: it wasn't a march organized by one group with printed signs and sanitary slogans. This was different.

Everywhere I looked were homemade signs. Personal signs. Stories on cardboard. Each one a window into someone's life touched by this administration's policies people who had lost jobs, researchers whose grants were stripped, seniors worried about Social Security, children losing school lunches, farmers struggling under tariffs, LGBT Americans fearing the rollback of hard-won rights, women fighting for access to healthcare, park rangers protecting public lands. These weren't just signs. They were

So what can you do-beyond marching? Plenty.

Jason and I hung both an American flag and a rainbow flag outside our home. A simple act, but one that says: We are here. We are watching. We won't be silent. You can do the same. Hang a flag, put a sign in your window, display your values. It doesn't have to be a rainbow. It can be about Social Security, food prices, climate, reproductive rights, or whatever speaks to you. Just let it speak loudly.

Talk to people. Speak up in conversations. Even holding hands in public, for some of us, has become an act of protest. And if marching isn't for you, support those who are. Donate if you can. Share resources. Spread the message.

Because this much is true: change only comes when the people are visible and loud. Change only comes when the opposition is forced to pay attention.

Some say there's a Republican stone wall, but here's what I know: stone walls crack under enough pressure, especially when elections roll around. If people stay loud, if voters stay angry, even that wall will fall. Politicians fear only one thing more than accountability: losing their seat.

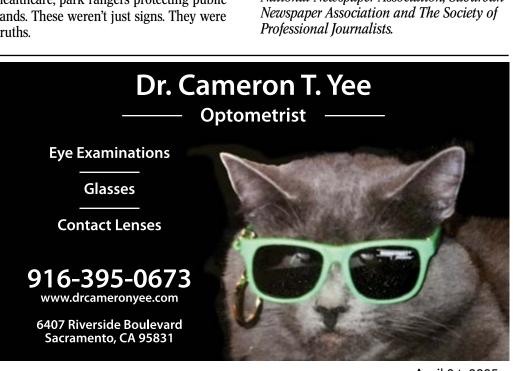
We have to keep the heat on through the midterms. And if things continue down this path, I truly believe even Republicans will begin to fall off that wall and side with the people.

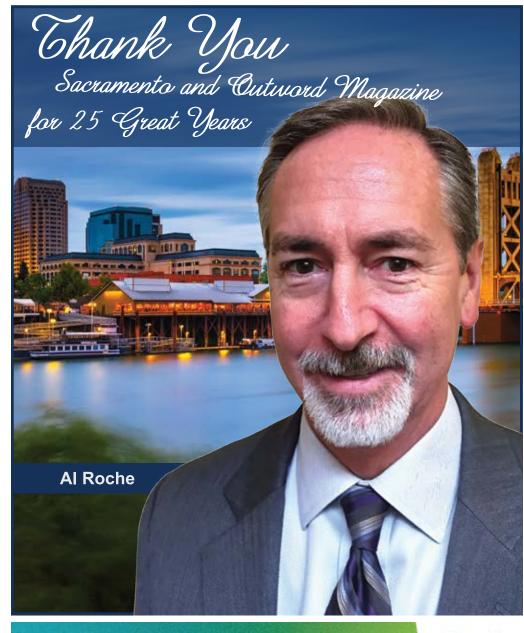
Is that too optimistic? Maybe.

But I believe in America. I believe in democracy. And I believe in the power of Americans. When we stand together, we right the course.

Mark Segal

Mark Segal is an American journalist. He is the founder and publisher of Philadelphia Gay News and has won numerous journalism awards for his column "Mark My Words," including best column by The National Newspaper Association, Suburban Newspaper Association and The Society of









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League Of Women Voters Is Prepared To Defend Our Democracy

by Charlene Jones & Lilli DuVal, Co-Presidents-League of Women Voters Sacramento County

¬he League of Women Voters of Sacramento County (LWVSC) respects voters' decisions in the 2024 Presidential election. ▲ Knowing each new president attempts to shape the nation with his or her vision, Americans expected policy changes--and some upheaval--when Donald Trump began his second term as President. Candidate Trump was very clear about his intentions to lead America in a dramatically different direction. Change is what voters appeared to want, and change is what we must now manage, support it or not.

The League strives to preserve our representative democratic system of checks and balances on power. Unfortunately, the League observes that many of the new Administration's actions threaten the democracy we cherish established by our Constitution. President Trump seeks numerous changes that could and should be considered through the legislative branch of our government, the "people's house" where voters have chosen Senators and Representatives to make laws. Instead, his Administration has sidestepped Congress and ruled through dictates driven by narrow ideology and a belief in unlimited Executive power. In so doing, it disregards more than 200 years of governance by deliberative process, flouts the rule of law, and leaves a set-upon judiciary to protect our Constitutional order.

The Administration's actions have begun to impact locally as federal agencies are gutted without Congressional consent. U.S. Forest Service employees have been laid off as we head into fire season. Severe spending cuts are proposed to Medicaid-our MediCal, relied upon by tens of thousands in the county. Essential food assistance programs are in jeopardy, as is funding for other vital human and educational services. And let's not overlook the imperiled

liberties of intellectual and political expression now endangered in our cities and on our campuses. Nor should we turn away from threats to our families and neighbors as masked agents snatch legal residents off the street, taking away their freedom without access to due process.

The President's executive order, misleadingly titled, "Preserving and Protecting the Integrity of American Elections" exemplifies the Administration's threat to a fundamental democratic right. Far from protecting elections, it is doublespeak for making it harder for millions of citizens particularly women—to vote. "This executive order is an assault on our republic and a dangerous attempt to silence American voters," said Celina Stewart, Chief Executive Officer, League of Women Voters US. "To be very clear — the League of Women Voters is prepared to fight back and defend our democracy."

LWVSC will continue to conduct our nonpartisan practices to protect and expand voting rights. We urge all voters, and votersto-be, to inform themselves from reliable sources, check facts and use their power of the vote to protect what we love...our representative democracy and the rule of law as it should apply to all. www.lwvsacramento.org

Best Airlines for 2025 **SOURCE: WALLET HULD**

7ith airline ticket prices having gone up 7.9% last year, outpacing inflation, WalletHub has released its report on 2025's Best Airlines, as well as expert commentary. WalletHub's study focuses not just on price but also many other aspects of the air travel experience, such as safety, delays, baggage issues, animal incidents and more.

Best Overall - Spirit Airlines earned the highest overall WalletHub Score (69.12) for the first time in seven years, followed by SkyWest Airlines (68.08).

Most Reliable - Delta Air Lines has the lowest overall rate of cancellations, delays, mishandled luggage and denied boardings. The next most reliable company is SkyWest

Safety – Spirit Airlines is the safest, with a low number of incidents and accidents per 100,000 flight operations, no fatalities and fewer than 15 people injured between 2019 and 2024. Spirit Airlines also has a relatively new fleet of aircrafts. The safety runner-up is Frontier Airlines.

Most Pet-Friendly - Three airlines tied for being most pet-friendly - SkyWest Airlines, United Airlines and Envoy Air – with no incidents.

Most Comfortable - JetBlue Airways and Hawaiian Airlines lead the pack in terms of inflight experience, offering free amenities such as Wi-Fi, extra legroom, and complimentary snacks and beverages. Alaska Airlines, American Airlines, Delta Air Lines & Southwest Airlines are tied for the third position in this category.

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UC Davis Picnic Day photos by Chris Allan









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Sacramento Youth Held Strike in Support of California Make Polluters Pay Bill

n Friday, April 11, students from across northern California skipped class to participate in a youth-led climate demonstration at the state Capitol. The strike was held in support of the Climate Superfund bill, introduced in the state Assembly (AB 1243) and Senate (SB 684), which was modeled after similar legislation in Vermont and New York. The proposed bill aimed to hold fossil fuel companies financially liable for California's climate-induced extreme weather events.

Prompted by the increasing severity and frequency of climate disasters—most recently the devastating fires in Los Angeles—young people across the state expressed growing concern over California's ability to respond to and recover from such events. They emphasized that taxing the fossil fuel companies responsible for decades of pollution was the most equitable solution to fund the state's climate resilience efforts.

The strike was part of the global Fridays For Future movement and aimed to raise awareness about the Climate Superfund bill while urging California residents to contact their elected officials in support of the legislation.

The demonstration brought together students and adult allies from Sacramento, the Bay Area, and Fresno. Protesters began the march at Crocker Park, paused briefly in front of the Western States Petroleum Association (WSPA) office on L Street, and concluded at the Capitol building.

Youth-led organizations including Fridays For Future Sacramento, Sunrise Sacramento, 350 Sacramento, 350 Bay Area, 350 San Diego, Third Act Sacramento, and the Oil and Gas Action Network participated in the event.

The three-hour protest featured passionate speeches by student climate activists, live drumming, climate-themed theater performances, and concluded with a coordinated "die-in" in front of the Capitol building—symbolizing the potential future faced by youth if urgent climate action is not taken.

Students made their voices heard loud and clear: they demanded that California's government prioritize their futures and hold polluters accountable.



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Five Tips To Keep Pollen At Bay

hhh, springtime—the season of blooming flowers, warmer days, and, unfortunately, relentless sneezing and itchy eyes. While the tulips outside are a beautiful reminder of nature's renewal, they also signal the return of my personal seasonal

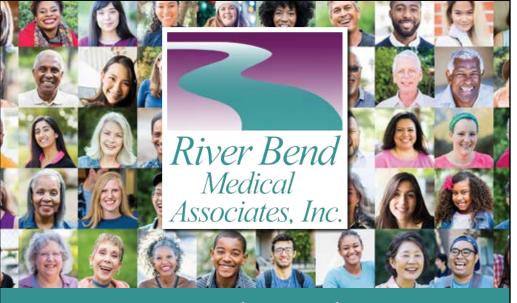
So, how can we keep the pollen from invading our homes and making us miserable? Here are my top 5 tips to keep pollen at bay and breathe easier this spring:

• Dust with a Damp Cloth - Use a slightly damp cloth rather than your dry dusters to trap pollen instead of stirring it into the

struggle. Not cool, Mother Nature.

- Vacuum with a HEPA Filter Regular vacuuming (especially near entryways and windows) with a HEPA-filter vacuum helps trap fine pollen particles that settle in carpets and rugs. (Check this one out: it's certified for its excellent indoor air quality)
- Wash Soft Surfaces Often Pollen loves to cling to curtains, bedding, throw pillows, and pet beds. Wash them weekly during peak pollen season in hot water if possible.
- Clean Entryways Frequently Floors near doors and windows collect a ton of pollen. Mop them regularly and wipe down door frames, windowsills, and screens with an all-purpose cleaner. Pro Tip: wipe walls faster with the Sh-Mop's large surface area, then move onto the floors without spreading pollen everywhere!
- Don't Forget the Fur Brush or wipe down your pets regularly, especially after outdoor time, and vacuum their favorite hangout spots often.





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We're Bigger! words and photos by Chris Allan

fter complicated travel logistics and a long line in the breezy afternoon sun, an estimated crowd of 26,000 packed the track at Folsom Lake College on Tuesday, April 15 to hear rock-star progressives Senator Bernie Sanders, 82, and Congressperson Alexandria Ocasio-Cortez (A.O.C.), 35.

The dynamic duo were in town as part of the "Fighting Oligarchy Tour" that has caught fire across the country. As with previous events, the rally was held in an area with a notable conservative presence, within Republican Congress Member Kevin Kiley's district. The "Where's Kevin?" mantra continued multiple times during the rally, part of local organizers' efforts to get Kiley to his district for an in-person town hall.

A.O.C. came to the stage after local performers Dogpatch and The Philharmonik opened the event, followed by several labor leader speakers.

"I don't think this is Trump country," began Ocasio-Cortez, referring to a small plane flying overhead with a "Folsom is Trump country" banner flying. "I think this is our country!"

Queers of all generations were visible in the crowd, and A.O.C. called out our community in the context of the Trump Administration's targeted aggression.

"We must acknowledge forthright the terrifying moments that we are in right now," she said. "We are watching as our neighbors, students and friends are being fired, targeted and disappeared. It is real people we love who are being targeted and harassed just for being LGBTQ... our coworkers, U.S. citizens and immigrants alike are being disappeared off the street by men in vans with no uniforms."

Sanders took the stage as the final speaker to cheering so loud it might have been heard in Lavender Heights.

"We have never had more income inequality in this country," he said, pounding the podium. "And the Republicans in Congress are working on a reconciliation bill that will give \$1 trillion in tax breaks to the top 1% by cutting Medicaid by \$880 billion."

As he has for so many years, the octogenarian called for a new vision for the country that includes healthcare for all, expanded education and the reduction of childhood poverty. He closed by saying that while the top one percent in the country have become extraordinarily greedy and he is "not a mathematician," he knows that "99% is a hell of a lot bigger!"



Outword Food Beverage Nightlife and Mo and More



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Sacramento Pride 2025: Celebrate Community and Get Involved

acramento Pride 2025 is set for June 14–15 at Capitol Mall, promising two vibrant days of celebration, inclusion, and solidarity. As one of Northern California's largest LGBTQ+ events, it offers everyone a chance to participate and make the festivities unforgettable.

Powered by Volunteers

Volunteers are essential to Sacramento Pride. Nearly a thousand community members are needed to support roles from planning to festival operations. Volunteering individually, with family, or as part of a corporate team offers a meaningful way to engage. Even a single four-hour shift earns you free festival admission! Corporate groups interested in volunteering can coordinate by contacting volunteers@saccenter.org.

Become a Pride Sponsor

Sacramento Pride invites local businesses, national corporations, and community organizations to show their support through sponsorship. Sponsorships offer brand visibility and align your business with the values of inclusivity and empowerment. Options range from Title Sponsor roles to targeted opportunities such as sponsoring the LGBTQ+ Maker's

Market or VIP Lounge. Interested parties can inquire via the Sac Pride website or by emailing sponsorship@saccenter.org or visit sacramentopride.org

Join the Festival Marketplace

Vendors can showcase products, services, or causes at the vibrant festival marketplace. Booth spaces of 10×10 or 10×20 feet include essentials like tents, tables, chairs, and electricity, enabling vendors to engage with thousands of attendees easily. Applications are open through Pride's EventHub platform, with tiered pricing for businesses and nonprofits. Booth spaces cover both festival days, but availability is limited; apply by May 15, 2025, to secure your spot. Visit sacramentopride.org for details.

March with Pride

The Sacramento Pride March & Parade on Sunday, June 15 at 11:00 a.m. highlights activism, unity, and celebration, beginning at Southside Park and culminating at the State Capitol. The march commemorates Pride's historical roots in the 1969

Stonewall uprising, promoting continued advocacy for equality and social justice. Attendance is free, and community groups, nonprofits, businesses, and schools can register as parade contingents on EventHub, with inclusive fee structures available. Individuals not affiliated with a group can join the Sacramento LGBT Community Center contingent free of charge by registering through the Pride website. Marching is open to everyone, reinforcing a spirit of unity and visibility!

Nominate a Community Hero

A beloved tradition of Sacramento Pride is honoring Grand Marshals-individuals or groups whose advocacy and service profoundly impact the LGBTQ+ community. Nominations are currently open to recognize those extraordinary people or organizations. It's a quick and easy process through the nomination form on the Sac Pride website, and the selected Grand Marshals will lead the march, celebrated by thousands. Visit sacramentopride. org to learn how!

Secure Your Tickets

Tickets for Sacramento Pride are now available at early-bird prices, starting at just \$12 for a single day or \$20 for both days. VIP options are available for an enhanced experience with additional perks. The Sacramento LGBT Community Center ensures no one is excluded due to cost; complimentary or reduced-price tickets can be requested via pride.tickets@saccenter.org

All information can be found at *sacramentopride.org*



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A Weekend in Placer County: Where Community, Wine, and Wonder Meet

words and photographs by Julie Ebe

ur weekend escape to Placer County started with a short drive that instantly felt like a departure from the everyday. Nestled in the Sierra Foothills, this charming pocket of Northern California greeted us with sunshine, warm smiles, and the promise of small-town treasures. Our first stop? A true gem-High Hand Café & Nursery in Loomis.

Set in a historic fruit-packing shed, High Hand felt like walking into a living postcard. A lush nursery framed the entrance, filled with vibrant greenery and rustic charm. The café is nestled inside a greenhouse-like space, offered a bright, airy ambiance that paired beautifully with their fresh, hearty menu. We shared wood-fired pizzas and crisp salads under a spacious patio, soaking in the atmosphere and the gentle buzz of locals and travelers alike. Surrounding us were art galleries, local shops, and even a brewery on-site-everything about it felt like a celebration of creativity and community.

Dinner that evening brought us to Old Town Auburn, where we had a cozy, delicious meal at Pasquale's Ristorante. The warm lighting, fun framed photos on the walls, and the mouthwatering aroma of garlic and red wine immediately set the mood. We started with their fresh garlic bread and crispy zucchini-simple, flavorful, and perfectly done. For the main course, we shared the Braised Short Rib Tortellini, tossed in a rich, house-made Bolognese, and the rigatoni in a creamy, flavor-packed sauce. I opted to skip the meat and had them add mushrooms instead-and let me tell you, it absolutely did not disappoint. Full and happy, we made our way to our Airbnb for the night, ready to unwind and rest up for the adventures ahead.





And what a place it was.

Tucked across rolling vineyards, the property was a dream. Our room faced the vines, bathed in golden-hour light, and wrapped us in quiet tranquility. The room had everything you could possibly need. We felt young again playing rounds of pool, enjoying the in-home movie theatre (Yesthat's right) and nestled up to a cozy gas fireplace. It didn't take long before we fell into a deep sleep, lulled by the countryside calm.

Saturday began with a much-needed caffeine boost and a delicious breakfast at Pour Choice Coffee in Auburn-a bright, modern café known for its pour-over perfection. We headed upstairs to a beautifully decorated loft space and savored a biscuit breakfast sandwich and perfectly crafted avocado toast. But Pour Choice is more than just a coffee shop—it's a community hub, hosting weekly live music and local events that add to its vibrant charm. With coffee in hand, we continued our morning with a stroll through the Placer County Museum and a nearby farmers market, where tables were overflowing with fresh produce, handmade goods, and warm smiles from proud local vendors. You could feel it everywhere-this town truly thrives on community, with locals showing up to support one another at every turn.

We made a quick stop at the Newcastle Produce Market to grab artisan sandwiches and snacks for a picnic-style lunch. Everything was locally made, fresh, and full of flavor-perfect fuel for what came next: the Auburn Wine & Ale Trail.



Food Beverage Nightlife and More





Our first stop was PaZa Estate Winery, run by Pamela and Zane. The moment we arrived, we felt like we were visiting friends rather than entering a business. Their quaint tasting shed overlooked the vineyards, and Pamela herself welcomed guests like long-lost family. As we sipped their delicious wines, we watched visitors greet each other with hugs and laughter. Community here isn't just a value—it's a way of life.

Next was Lone Buffalo Vineyards, where we were greeted by friendly pups and even friendlier people. Jill, Phil, and Jocelyn—who run the place—shared stories behind the wines, their label, and their journey. What started in a garage off Folsom-Auburn Road has grown into a full-blown winery rooted in love and legacy. We got to hear the story of the name and how it all started- all from a buffalo lithograph that hangs in their main room. Jill, a cultural anthropologist and activist at heart, reminded us that every bottle has a story. You don't just taste wine here—you experience it. Everything has a story- Just ask.

Placer County, we learned, was once a central hub for winemaking in California before Napa rose to fame. Being there felt like stepping back into that legacy, sipping history with every glass. The entire region is a labor of love, shaped by people who care deeply about their craft, their community, and the land.

We ended our wine trail at Dono dal Cielo Estate Vineyard—conveniently located right next to our Airbnb. Talk about perfect planning. Just a short walk through a gate brought us to another serene spot with rich reds, sweeping views, and that same neighborly hospitality we'd come to expect. We toasted to the day under a sky streaked with sunset, grateful for good wine and even better people.

Sunday morning brought a little adventure. We laced up our hiking boots and headed to Hidden Falls Regional Park. The trail led us through forests and across wooden bridges until we reached the falls—rushing and majestic, tucked away like a secret worth seeking. We sat on a boulder, letting the sound of water and wind replace any lingering thoughts of our to-do lists. This was peace.

There was one final stop—Fowler Ranch Brewery. We ordered a tasting flight and sat outside under the warm afternoon sun, sipping craft brews while taking in views of the rolling hills. It was the perfect closing chapter to a weekend that had already given us so much.

As we drove away, we couldn't stop smiling. From the vibrant nurseries and inviting cafés to the vineyards and hikes that feel like secret escapes, Placer County had shown us

something rare—a place where everything is local, everyone is welcoming, and community is more than a word. It's a lifestyle.







Oh! Look what you made me do.



Who's Afraid of Little Old EVs? Not We Not We Not We...

Who's "We"? The LGBTQ+ Community.

A growing number of us are choosing to drive pure electric vehicles—not just to avoid buying gasoline, but because EVs are kinder to the air we all breathe. Even the most efficient gas-powered cars still pollute. EVs don't.

Beyond that, EVs are cheaper to charge than gas is to buy, and they offer amazing acceleration and control. Once you experience driving electric, it's hard to go back. With more models on the market and prices coming down, there's never been a better time to make the switch.

Talk to your community–friendly dealer and see if an EV is right for you.



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California Consortium Aims to Expand Solar-Over-Canal Projects Statewide

alifornia's first solar-over-canal project, Project Nexus, has officially begun generating electricity—marking a key milestone in an ambitious effort to transform the state's 4,000 miles of canals into clean energy corridors.

Originally inspired by research at UC Merced, Project Nexus is a pilot program built over the Turlock Irrigation District (TID) canals. The initiative tests the feasibility and benefits of installing solar panels over canals to produce renewable energy while conserving water. Funded by the State of California, the pilot is a public-private-academic partnership that includes TID, Solar AquaGrid, UC Merced, and the California Department of Water Resources (DWR).

At a solar summit in Sacramento, TID General Manager Brad Koehn confirmed the panels in the first phase of Project Nexus are now generating power. With early success in hand, momentum is growing to expand the technology statewide.

Enter the California Solar Canal Initiative (CSCI)—a bold new research project aiming to scale the solar-over-canal concept. Led by the USC Dornsife Public Exchange and Solar AquaGrid, CSCI brings together faculty from seven major universities, including UC Berkeley, UC Irvine, San Jose State, and UC Law San Francisco, alongside key state agencies such as DWR and the California Natural Resources Agency (CNRA).

The CSCI team is evaluating a wide range of factors, including optimal canal locations, the impact on water and energy resilience, and regulatory hurdles. Researchers are also analyzing how these installations can support local communities, create jobs, and coexist with existing canal operations.

"This is a big idea with great potential," said CNRA Secretary Wade Crowfoot. "California is leading the way in exploring innovative solutions to tackle climate change and strengthen our water and energy resilience."

A 2021 UC Merced study, led by project scientist Brandi McKuin, found that covering all of California's canals with solar panels could generate enough electricity for 2 million homes, save an equivalent amount of water, and preserve 50,000 acres of land. Additional benefits include reduced maintenance costs and improved panel efficiency due to the cooling effect of water.

With the state facing ongoing climate extremes—swinging from flooding to drought—CSCI offers a promising path toward meeting California's 2045 clean energy goals while conserving vital resources. The initiative represents the next step in leveraging innovation to build a more resilient, sustainable future.

San Luis Obispo Unveils New DC Fast Chargers at Johnson Park

he City of San Luis Obispo is celebrating the installation of new Direct Current Fast Charging (DCFC) stations at Johnson Park, located at 1020 Southwood Drive. The community joined in the ribbon-cutting ceremony to mark this milestone in the city's efforts to promote cleaner, more sustainable transportation. This also provides more options for anyone visiting the SLO area in thier EV.

These fast chargers can power most electric vehicle (EV) batteries to approximately 80% in under 30 minutes, making them a quick and convenient option for both residents and visitors. Their location near the YMCA, the SLO Swim Center, and other recreational areas allows drivers to recharge their vehicles while enjoying everything Johnson Park has to offer.

The installation of these chargers is part of San Luis Obispo's broader initiative to reduce greenhouse gas emissions. Transportation remains the largest source of emissions in the community, and improving EV infrastructure is a key strategy in addressing this issue. By making EV charging more accessible, the City is supporting the transition to electric vehicles and helping build a more environmentally friendly future.

This project reflects San Luis Obispo's continued commitment to climate action and community partnerships. The new chargers are a visible and practical step toward a greener future, making it easier for residents and visitors to choose electric and contribute to a more sustainable city.

To learn more about the City of San Luis Obispo's sustainability efforts, visit <u>SLO Sustainability Initiatives.</u>









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Despite What You May Read, Californians Are Embracing EVs

resources include: CleanTechnica, CalMatters, CA Energy Commission alifornians are increasingly embracing electric vehicles (EVs), with significant shifts in purchasing patterns and ✓infrastructure development. Here's an overview of the

current landscape:

EV Adoption Trends in California

Rising Market Share: In the third quarter of 2024, EVs accounted for 26.4% of all new vehicle sales in California, marking one of the state's highest quarterly shares ever.

Cumulative Sales Milestone: California surpassed 2 million cumulative EV sales by the end of Q3 2024, representing approximately 39% of all EVs sold in the United States.

Stabilizing Growth: Despite these achievements, EV sales growth has plateaued. In 2024, EVs made up 25.3% of new car registrations—a slight increase from 25% in 2023—indicating a slowdown after several years of rapid growth. This slowdown also includes a significant downturn in Tesla sales and market share. However, the market now offers far more options to buyers than it did just a few years ago.

Infrastructure Expansion

Charging Network Growth: As of August 2024, California had installed over 150,000 public and shared private EV chargers, including 14,708 fast chargers. Additionally, more than 500,000 private home chargers have been deployed statewide.

Significant Investments: The state allocated over \$1 billion in 2024 for EV charging projects, aiming to enhance accessibility and support the transition to zero-emission vehicles.



As of the end of 2024, the Hyundai Ioniq 5 was the best-selling electric vehicle (EV) in California

Shifts in Manufacturer Market Share

Tesla's Decline: Tesla experienced a 15.1% drop in EV registrations in California during Q1 2025, reducing its market share from 55.5% to 43.9% year-over-year. Factors contributing to this decline include increased competition, an aging product lineup, and public backlash against CEO Elon Musk's political activities.

Emerging Competitors: Automakers like Hyundai, Kia, and BMW are gaining traction in California's EV market, each posting year-to-date market share gains of over 1% in 2024.

Consumer Behavior Insights

Demographic Shifts: The EV market is transitioning from early adopters to mainstream consumers. Middle-income buyers—particularly those without easy access to home charging (e.g., apartment dwellers)—are more hesitant, citing concerns over infrastructure and costs. Some are opting for hybrid vehicles over fully electric ones, contributing to a slight dip in the zero-emission vehicle market share to 22% in 2024.

Policy and Future Outlook

Mandate Goals: California aims for all new car sales to be zero-emission by 2035. However, current EV adoption rates raise concerns about meeting this target.

Incentive Programs: Governor Gavin Newsom has proposed a new EV rebate program that may exclude Tesla, focusing on supporting smaller EV manufacturers and countering potential federal rollbacks on green subsidies.

Even though there are a plethora of opinions available, the simple facts point to more and more consumers opting for electric vehicles over expensive gas-powered ones. Before you make the switch, however, be sure to consider your driving needs and habits. At this moment, EVs aren't for everyone-but if you're not constantly on the road, logging a lot of miles, an EV could be just right—especially if you're able to charge the vehicle at home.

Kia Confirms Electric Pickup Truck for America

ia has officially confirmed plans to bring a fully electric pickup truck to the U.S. market, bypassing the gas and diesel-powered Tasman, which will remain exclusive to Korea, Australia, and select emerging markets. The announcement was made during the 2025 Kia CEO Investor Day, where the company revealed that the upcoming electric truck will be built on a new EV platform designed for both urban commuting and offroad adventures. Unlike full-size pickups like the Ford F-150, Kia's new truck will compete in the midsize segment, targeting rivals such as the Toyota Tacoma and Jeep Gladiator.

CEO Ho Sung Song emphasized that the Ú.S.-bound electric pickup will be a purpose-built, innovative model, offering class-leading interior and cargo space. It's expected to come with strong off-road capabilities, a robust towing system, and advanced infotainment and safety features. Kia aims to sell 90,000 units of the truck annually in North America, striving for a 7% market share in the midsize pickup segment.

While Kia hasn't disclosed where the truck will be manufactured, it's likely to be built in the U.S. to avoid import tariffs, including the 25% Chicken Tax. The Hyundai Motor Group Metaplant America in Georgia, which focuses on EVs like the Ioniq 5 and Ioniq 9, is a strong candidate. Alternatively, it could be produced at Kia's existing Georgia plant.

For now we will have to wait for this new pickup truck, but it's nice to know someone is going to focus EV attention on the mid-size truck market. All too often all the attention goes to the full size pickups. You can sign up for updates on the Kia website.

Subaru Puts More Focus on EVs

Tubaru unveiled the updated 2026 Solterra at the New York International Auto Show, as well as a new model named the Trailseeker that is based on the Solterra.



The revised Solterra hosts design and tech enhancements that will certainly elevate its appeal. The previously version was often criticized for its plastic cladding, and this has been replaced by sleek, body-colored fenders, giving the electric SUV a more polished and modern look. Inside, a new touchscreen display brings an upgraded user interface, aiming to improve the overall cabin experience.

Performance-wise, the 2026 Solterra sees meaningful upgrades under the surface. It now features a battery with an estimated range of 285 miles, aided by battery preconditioning and faster 150kW DC charging. A standard NACS port allows access to Tesla's Supercharger network. Power output increases as well, with the dual-motor AWD setup now making 233 horsepower, while the new Solterra XT trim delivers a punchy 338 horsepower and a 0-60 time under 5 seconds.

The 2026 Trailseeker will be Subaru's second fully electric vehicle, following the Solterra, but with a more traditional SUV look and dimensions that better align with Subaru's popular models like the Outback and Forester. Built on the same platform as the Solterra, the Trailseeker is about six inches longer, features a taller stance, and includes roof rails to enhance its rugged image. While the Solterra resembles a hatchback, the Trailseeker embraces a more upright SUV design, suggesting Subaru is responding to consumer preference for more conventional SUV aesthetics.

Mechanically, the Trailseeker shares much with the updated 2026 Solterra, including a 75-kWh battery, dual-motor all-wheel drive, and off-road-ready features like terrain modes and hill-descent control. With 375 horsepower, it can accelerate from 0 to 60 mph in 4.4 seconds and tow up to 3,500 pounds. Its range is estimated at over 260 miles-slightly less than the Solterra due to its increased size—and it supports charging at Tesla Superchargers via a standard NACS port. Inside, the Trailseeker boasts a 14-inch touchscreen, dual wireless charging pads, and more cargo space, with pricing expected to start around \$45,000 when it hits dealerships in 2026.

For more information visit Subaru's website.





Advertising in this digital issue is a great way to maximize your marketing dollars and reach the LGBTQ+ community, including seniors. This special digital issue will be available to download during the 9th Annual 2025 Senior PRIDE LGBTQ+ Resource Fair on May 16. If you are a sponsor or exhibitor at the fair and would like to be in this issue, call Fred for details and a special advertising rate.



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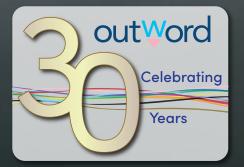
Now, more than ever, LGBTQ+ media matters, especially given the ruthless attacks our community has already suffered. This is why we've launched a subscription and reader support donor service to help keep Outword as a resource that ensures vital information continues to flow.

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The Davis Phoenix Coalition plans a month full of events to celebrate LGBTQ+ Pride, beginning with its 11th annual festival on June 7. Activities also include a fun run, skate and comedy nights, and plenty of drag queens.

The activities share the theme "Forever Loud and Proud!"

The 11th annual Davis PrideFest is at Civic Center Park, at Sixth and B streets. The community-focused, family-friendly event includes a music festival, resources, vendors, food, drinks and more - from 3 to 8 p.m. on Saturday, June 7. Organizers have a great lineup of performers scheduled. Watch for an announcement of the headliner in early May. Returning entertainment includes the Sacramento Gay Men's Chorus, the marching band Noise Violation, and the always popular Drag Revue. There will be activity zones for children, teens and seniors. The event is free but donations are welcome. The event's title sponsors are Dignity Health and Woodland Clinic Medical Group.

The following day, Sunday, June 8, is the Run for Equality, starting at 8 a.m. It includes a 5K and 1K run/walk from Central Park, at Fourth and C streets, Davis. The run is the fundraiser that makes the festival possible. Registration is \$35 until May 26, \$40 from May 27 to June 7, and \$45 on race day. Visit https://www.davispride.org/run.

Saturday, June 14, is Skate with Pride. The night will include a disc jockey, disco lights and food trucks from 7 to 9 p.m. Skating will be under the Davis Farmers Market Pavilion in Central Park, Fourth and C streets, in downtown Davis. Participants bring roller or in-line skates and wear colorful attire, skating to lively music. This event is also free, with donations welcome.

On Thursday, June 19, Dunloe Brewing Co. will be the venue for Drink with Pride and Drag Trivia, from 6 to 9 p.m. at 1606 Olive Drive in Davis. Trivia is \$15 to enter.

The fun continues Friday, June 27 for Davis Pride Comedy Night, from 5:30 to 9 p.m. at Stonegate Country Club, 919 Lake Blvd. Presented by Laughs on the Lake, tickets are \$40 through June 8, \$60 June 9-26, and \$75 on June 27, with VIP experiences available. Visit https://www.davispride.org/comedy to see the lineup and purchase tickets.

To set the tone for Pride Month, volunteers will paint rainbow crosswalks around Davis' Central Park between 6 and 9 a.m. on Sunday, May 25.

The Davis Pride committee is happy to help businesses show their colors and promote their pride events for June. Email admin@davisphoenixco.org for a poster.



June is International LGBTQ+ Month. Davis Pride events are coordinated by an allvolunteer community formed by the Davis Phoenix Coalition, a nonprofit that works to foster diversity, eliminate intolerance, prevent hate-motivated violence, and support LGBTQ+ youths in Davis and surrounding communities. The coalition was founded in the aftermath of a 2013 anti-gay attack on Davis resident "Mikey" Partida. Proceeds from Davis Pride events fund the coalition's anti-racism and anti-bullying campaigns, support to LGBTQ+ vouths and their families, and outreach with area police departments, churches and schools. To donate, go to https://davisphoenixco.org/donate.

For more information about the event, or becoming a sponsor, exhibitor or volunteer, visit https://www.davispride.org/. To learn details as they unfold, follow Davis Pride on Facebook and Instagram.

Davis Pride Events

- May 25: Volunteers will paint rainbow crosswalks around Davis' Central Park, from 6 to 9 a.m.
- June 5: Sing with Pride at the UC Davis Mondavi Center, 7 p.m.
- June 7: Pride is a Protest rally, Central Park, downtown Davis, 2 to 3 p.m.
- June 7: The 11th annual Davis PrideFest, a community fair and music festival, from 3 to 8 p.m. in Civic Center Park, Sixth and B streets
- June 8: The 11th annual Run/Walk for Equality, 8 a.m. to noon from Central
- June 14: Skate with Pride, 7 to 9 p.m. in Central Park
- June 19: Drink with Pride trivia night 6 to 9 p.m. at Dunloe Brewing Co., 1606 Olive Drive
- June 27: Davis Pride Comedy Night presented by Laughs on the Lake, 5:30 to 9 p.m. Stonegate Country Club, 919 Lake Blvd.

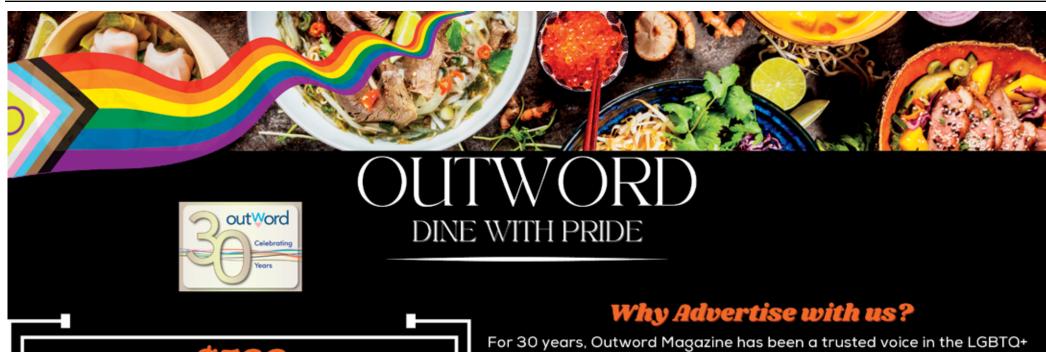


PHOTO & REVIEW OF MENU ITEMS QUARTER PAGE AD IN OUTWORD LISTING IN OUR BUSINESS DIRECTORY SOCIAL POST WITH RESTAURANT INFORMATION SEE EXAMPLE IN CURRENT ISSUE

community, fostering a loyal and engaged readership. Available in both print and online, it celebrates diversity and inclusion through its content and active involvement in local events and initiatives. Widely distributed, the magazine ensures visibility and accessibility across the region and beyond, serving as a go-to resource for community events, advocacy, and local businesses. A recent survey of readers highlights their active lifestyle, revealing they dine out an average of 12 times a month.

*ALL ADS AND PHOTOS WILL BE FEATURED ACROSS OUR SOCIAL PLATFORMS, IN PRINT, AND ONLINE. GRAPHIC DESIGN HELP AVAILABLE FOR ADDITIONAL FEE. *WE'RE OPEN TO TRADE OPPORTUNITIES, WHICH CAN BE USED FOR GIVEAWAYS AT EVENTS, OFFERING YOUR RESTAURANT ADDITIONAL EXPOSURE AND VISIBILITY.*

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Free Family Fest at Crocker

'ark your calendars for Sunday, May 4 when Sacramento's Crocker Art Museum will hold a free family festival to showcase the extraordinary talents and cultural contributions of the Latino community.



Inspired by "Collidoscope: de la Torre Brothers Retro-Perspective," the festival serves as a closing ceremony for that fantastic Crocker exhibition and a celebration of (and for) the community.

Enjoy live performances from Mariachi Bonitas, Maya Latin Roots, Sol Peligro, and Lucha Libre Productions, and join in creative art activities inspired by the de la Torre Brothers' lenticular artworks.

You can also view a community mural in the making, celebrate local artists, and catch a bumping lowrider show from the Sacramento Lowrider Commission.

The Free Family Fest is scheduled from 11:00 a.m. to 3:00 p.m. For more information, please visit Crocker Events.

R25 Theater Company Does Not "Play It Straight" by Chris Narloch

Thaven't had a chance to see it yet, but I am intrigued by the plot of this homegrown production, which recently opened at California Stage in midtown Sacramento, courtesy of R25

Theater Company.

The new play follows Mr. Ross, a drama teacher who finds himself on the front line of the culture and identity wars as he, his students, and school administrators grapple with a new policy which requires the school to out a gay student to her conservative father.

Can Ross walk the ethical tightrope between supporting his students and keeping his job? Well, you'll just have to buy a ticket to the show and find out for yourself.

"Play It Straight," which was written by local playwrights Richard Winters, Gary Wright, and Kerri Yund, and is being directed by Richard Winters, performs through May 11 at California Stage on R Street.

For more information, <u>click here.</u>





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"Parade" is a Musical Masterpiece by Chris Narloch

ne of the most moving, transcendent experiences I have had in a Broadway theater was witnessing the recent revival of "Parade," a rarely performed musical masterpiece that tells the true story of Leo Frank, a Jewish factory manager in Georgia circa 1913 who was accused of raping and murdering a teenaged girl in his employ.



Pretty heavy subject matter for a musical, you say? Well, yes, but that is one of the reasons the show is an absolute must-see when its national tour arrives in Sacramento this May. In an era when enjoyably frothy "movie musicals" like "Legally Blonde" and "Mean Girls" are the norm, "Parade" is a riveting reminder that American musicals such as "Carousel" and "Cabaret" used to tackle tough themes on a regular basis.

What keeps "Parade" from being a bummer is a gorgeous score by Jason Robert Brown and an emotionally complex book by Alfred Uhry, the Pulitzer Prize-winning playwright of "Driving Miss Daisy" fame. The musical's story of a marriage in crisis is heart-wrenching, but its telling is so beautifully rendered that I left the theater on an incredible high, thanks to the outstanding talent involved in the production I saw.

Sadly, that 2023 production, which starred Ben Platt and Micaela Diamond, was met with anti-Semitic protest outside its theater - a painful reminder that the United States is still struggling with the racism at the heart of "Parade" and one more reason why this musical is an essential theatrical experience and an important work of art.

Kudos to Broadway Sacramento for bringing "Parade" to our region. It will perform this May 6–11 at the SAFE Credit Union Performing Arts Center. Don't miss it. For more information, go to *Broadway Sacramento's website*.

Get Ready for Channel 24

acramento's live music landscape is set to flourish with ■ the opening of Channel 24, a new 2,150-capacity concert venue located at 1800 24th Street in Midtown. Developed by Another Planet Entertainment (APE), the independent promoter behind Outside Lands and iconic venues like the Greek Theatre in Berkeley and the Fox Theater in Oakland, Channel 24 is the company's first venue built entirely from the ground up.

Designed to bridge the gap between intimate clubs and large arenas, Channel 24 offers a general admission floor, a tiered balcony with reserved seating, multiple bars, food options, a VIP area, and an open-air patio. The venue aims to attract mid-tier touring acts that previously bypassed Sacramento due to a lack of appropriately sized venues.

The inaugural lineup kicks off on April 24 with country artist Tucker Wetmore, followed by performances from Tycho, Sierra Ferrell, Wallows, Empire of the Sun, Denzel Curry, and Death Cab for Cutie . This diverse roster underscores Channel 24's commitment to hosting a wide range of musical

The 2023 Sacramento Music Census highlighted the city's need for more live music venues. Channel 24 addresses this demand, providing a state-of-the-art space for both artists and fans. Allen Scott, APE's President of Concerts & Festivals, expressed hope that the venue will quickly become an integral part of Sacramento's vibrant live music scene.

For more information and upcoming events, *visit their* website.







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"The Wedding Banquet" Remake Plus, Ryan Coogler Strikes Again by Chris Narloch

our very different films – all worthwhile in their own way – opened in theaters recently. From a remake of a queer classic, and a thriller about a first data from 1.11 and a thriller about a first date from hell, to the greatest Black vampire movie ever made, read on for my reviews.



Sinners

Oakland's own Ryan Coogler (who attended Sac State before getting his master's degree in film at USC) has directed his first horror film with "Sinners" - although you could argue that his fantastic first film, "Fruitvale Station," a true story about the tragic death of Oscar Grant Ill, was its own kind of realistic horror.

Michael B. Jordan, Coogler's favorite leading man, tackles two roles this time out, playing twin brothers who return to their Southern hometown to open a juke joint. The time period is the 1930s, and the movie has a sexy, bluesy vibe plus a terrific supporting cast.

Coogler takes his time unleashing the movie's horror elements – setting the stage and building his characters' relationships - but when the blood starts flowing, "Sinners" is a real doozy. In wide theatrical release.



Oscar winner Rami Malek returns to the big screen in this spy story about a brilliant CIA decoder (Malek) whose world comes crashing down after his wife dies in a London terrorist

When his supervisors refuse to take action, his intelligence becomes his ultimate weapon, as he embarks on a dangerous trek across the globe to track down those responsible.

Malek has the slow burn required for the role, and director James Hawes keeps things mostly moving, but the hero's revenge mission creates a moral dilemma for the audience that the movie's ending doesn't entirely resolve. In wide theatrical release.



Drop

This rollercoaster ride of a thriller isn't the hit at the box office that it deserves to be – perhaps because the movie has no big stars in it - but it's a terrific B movie that I found thoroughly entertaining.

Meghann Fahy stars as a widowed, single mother on her first date in years who is plunged into a nightmare at an upscale restaurant after she begins receiving texts ordering her to commit murder or her son will be killed back home.

Handsome Brandon Sklenar plays her unlucky blind date, who may or may not get bumped off during dinner. "Drop" is far-fetched to be sure, but I enjoyed every crazy second of it. In wide theatrical release.



The Wedding Banquet

While it's not quite as strong as Ang Lee's 1993 original, director Andrew Ahn has assembled a talented comic cast that includes Bowen Yang, Lily Gladstone and Kelly Marie Tran for his reboot of Lee's queer classic.

Hoping to stay in the country, a gay man (Han Gi-chan) proposes a green card marriage to a lesbian friend in exchange for paying for her partner's IVF treatment. Complications arise when his grandmother arrives from Korea with plans for an extravagant, traditional wedding.

The film's funny first half is a little lightweight, but its second half is very moving, thanks in large part to Yuh-Jung Youn's sly performance as the grandmother. "The Wedding Banquet" is in limited theatrical release.

Out & About

with Matthew Burlingame

The world may feel especially heavy and even overwhelming right now. While we speak out and resist injustice it's just as vital to not stop living our lives. Resistance isn't only about protest; it's also about joy. It's about making memories, laughing with friends and doing the things that remind us why we are speaking out in the first place. Whether it's dancing, gathering in community, or celebrating art, joy is a powerful act of defiance. Check out some of the upcoming events that can lift your spirit.

May 1

Join the fun at Rainbow Chamber Drag Queen Bingo on Thursday, May 1 at 6 p.m. at Mangos, 1930 K St. Proceeds will be raised as part of the Big Day of Giving fundraiser for the Rainbow Chamber. Don't miss this exciting and charitable event! Rainbowchamber.com

May 3

Step back in time during the Crocker Art Museum's History Tour on Saturday, May 3 at 11 a.m., 216 O St., Sacramento. Free with admission, this docent-led experience explores the Crocker family legacy and the era they lived in. Part of the museum's First Saturdays series, tours are offered monthly and available in multiple languages. Crockerart.org



May 1

Folsom Lake College's Dance Department presents A Midsummer Night's Dream: A New Musical Adaptation on Thursday, May 1 at 6 p.m. at Harris Center for the Arts, 10 College Parkway, Folsom. Featuring MOSAIC Dance Company, live music by the Youth Chamber Orchestra and The Silver Screens, this magical performance brings Shakespeare's tale to life through dance, music, and enchantment. Harriscenter.net

May 2

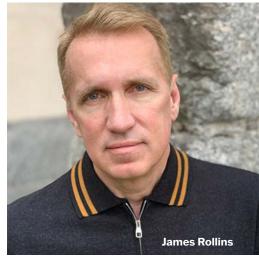
Comedian Michael Blaustein brings his North American Tour to Sacramento on Friday, May 2 at 7 p.m. at the Crest Sacramento, 1013 K St. Known for his sharp wit and high-energy performances, Blaustein promises a night of nonstop laughs. Don't miss your chance to catch this rising star live-tickets are on sale now. Crestsacramento.com

May 3

Get ready to dance the night away at Gimme Gimme Disco, an ABBA-inspired dance party, on Saturday, May 3 at Ace of Spades, 1417 R St., Sacramento. Doors open at 7:30 p.m., with the show starting at 8:30 p.m. This 18+ event, presented by Live Nation, promises a night of disco hits and dazzling lights. Livenation.com

May 8

Nonprofits and philanthropists will gather for the Regional Nonprofit Celebration and Mixer on Thursday, May 8, from 4:30 to 6:30 p.m. at the KVIE Community Room, 2030 W. El Camino Ave., Sacramento. Hosted by the Sacramento Region Community Foundation and Sacramento Venture Philanthropy, the event will highlight the impact of the Big Day of Giving. Svpsacramento.org



May 31

The Sacramento Book Festival premiers Saturday, May 31 from 10 a.m. to 4 p.m. at the Shepard Garden & Arts Center, 3330 McKinley Blvd. The event features author booths, writer panels, readings, food trucks, and a literary scavenger hunt. Guests include bestselling author James Rollins, Catriona McPherson, Sharon Fujimoto-Johnson, Bryan Patrick Avery and more. Sacramentobookfestival.com

June 7

Golden Rule Services celebrates its 25th anniversary with a gala on Saturday, June 7 at The Center at Twenty-Three Hundred, 2300 Sierra Blvd. Festivities begin at 4:30 p.m. with a VIP cocktail hour, followed by the main program at 6 p.m. The evening features live music by Kippy Marks, keynote speakers, and honors those combating HIV/AIDS. Get your tickets early. Grsgala.org

Autumn

Capital Stage has announced its 2025/26 Season of cutting-edge professional theatre. Artistic Director Michael Stevenson has procured an ambitious season including recent Broadway hits including Fat Ham and Eureka Day. Capstage.org



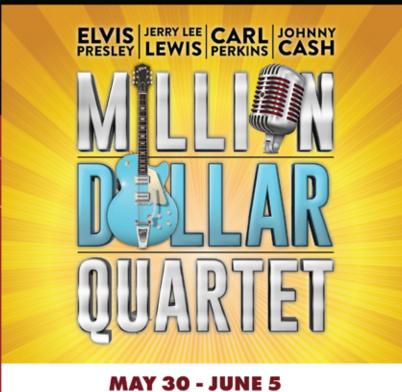
July 19

Have you purchased your tickets for Barry Manilow's farewell tour to Sacramento with The Last Sacramento Concert" on Saturday, July 19 at 7 p.m. at Golden 1 Center, 500 David J. Stern Walk. With a career spanning over 50 years and more than 75 million records sold, Manilow's final local performance promises an unforgettable night of legendary hits. Golden1center.com

> Do you have events, birthdays, or announcements to share? Feel free to send them to matthewburlingame@gmail.com



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Your donation to the Sacramento Rainbow Chamber Foundation isn't just a gift—it's life-changing. Every dollar helps fund scholarships and support for LGBTQ+ and allied students, empowering the next generation of leaders. Scan the QR code to GIVE today.





Activating Taste Buds (ATB) submitted by Fred Palmer

Te've have loved Sonoma, and a visit is not complete without having a meal at the Girl and the Fig. *Outword* has been enjoying this wonderful restaurant for decades as both *Outword* and the Girl and the Fig have both been around since the mid 90's. Back in the old days before things were digital, our publisher had to drive the story boards to the printer in Sonoma every two weeks to go to press. The Girl and the Fig was his treat often and on a recent trip, as always, we enjoyed a nice lunch. www.thegirlandthefig.com



broiled artichokes caper remoulade, parmesan, lemon.



wild boar sugo. rustachella bucatini, parmesan bread crumbs.



fig burger. grilled smashed patty, bacon-fig jam, aged comte, crispy onions, bibb lettuce, aioli, acme bun, frites.

Gilroy Garlic Festival Returns

The Gilroy Garlic Festival is officially returning July 25–27. 2025, at South County Grove within Gilroy Gardens. The L beloved event, organized by the Gilroy Garlic Festival Association, will host up to 3,000 guests per day, offering a more intimate and engaging festival atmosphere. Attendees can look forward to a celebration of food, community, and entertainment, including garlicky dishes, culinary contests, live music, artisanal vendors, and family-friendly activities.

In alignment with its longstanding mission, the festival continues to celebrate Gilroy's garlic heritage while supporting the local community. Since its founding in 1979, the Gilroy Garlic Festival Association has raised millions of dollars for local nonprofits, schools, and charities. thanks to the efforts of volunteers and community members.

Sponsorship opportunities for the 2025 event are available now, and they invite local businesses and organizations to participate in and support one of California's most iconic food festivals. General tickets are on sale now.

For the latest updates and additional information, visit their



Get Ready for a Cosmic Cocktail Journey

In celebration of May the 4th, Sacramento's beloved tiki bar, The Jungle Bird, is transforming into The Jedi Bird, a Star Warsthemed pop-up event that will run from May 2 through May 14, 2025. This annual event offers a "cosmic cocktail journey" with drinks inspired by various planets from the Star Wars universe, such as spices from Tatooine and fruits from Kashyyyk. Guests can expect a menagerie of exotic flavors, served in commemorative tiki mugs, which will be available for purchase at \$25 each.

The Jungle Bird, located at 2516 J Street, is highly popular during this time, so reservations are recommended for anyone looking to experience this intergalactic adventure. Along with the unique cocktails, the pop-up will bring a fun Star Wars atmosphere to the city, featuring

themed decorations and the chance to immerse oneself in the galaxy far, far away. You can book a spot through their official website or Instagram page.

In addition to the Jedi Bird pop-up, Sacramento is hosting other Star Wars-related events. At the Crest Theatre, a screening of Star Wars: Episode IV – A New Hope will be followed by a pre-show panel featuring select actors from the original movie. Meanwhile, Fremont Park will host a "massive saber battle" on May 4th, where fans are encouraged to bring their toy lightsabers and join in the fun. It's a perfect way to celebrate the Force with fellow fans across the city!



Memes from Facebook



REALLY? I listened to the MAGAts say that and worse about Biden for four long years...... so now when the shoe is on the other foot and it's being handed back to them, they somehow think that anyone should go to El Salvador for 15 years......for repeating the same phrase that they literally invented and really wore out? Hypocrisy at its height.....



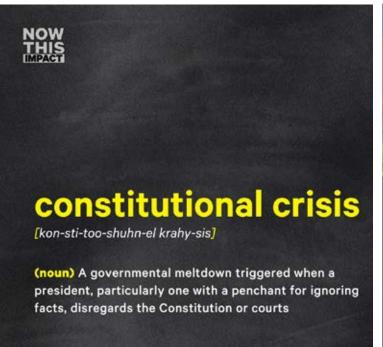


Donald J. Trump 🜍

Happy Easter to all, including the Radical Left Lunatics who are fighting and scheming so hard to bring Murderers, Drug Lords, Dangerous Prisoners, the Mentally Insane, and well known MS-13 Gang Members and Wife Beaters, back into our Country. Happy Easter also to the WEAK and INEFFECTIVE Judges and Law Enforcement Officials who are allowing this sinister attack on our Nation to continue, an attack so violent that it will never be forgotten! Sleepy Joe Biden purposefully allowed Millions of CRIMINALS to enter our Country, totally unvetted and unchecked, through an Open Borders Policy that will go down in history as the single most calamitous act ever perpetrated upon America. He was, by far, our WORST and most Incompetent President, a man who had absolutely no idea what he was doing -- But to him, and to the person that ran and manipulated the Auto Pen (perhaps our REAL President!), and to all of the people who CHEATED in the 2020 Presidential Election in order to get this highly destructive Moron Elected, I wish you, with great love, sincerity, and affection, a very Happy Easter!!!

8.86k ReTruths 39.8k Likes

Apr 20, 2025 at 5:46 AM







MIKEL JOLLETT

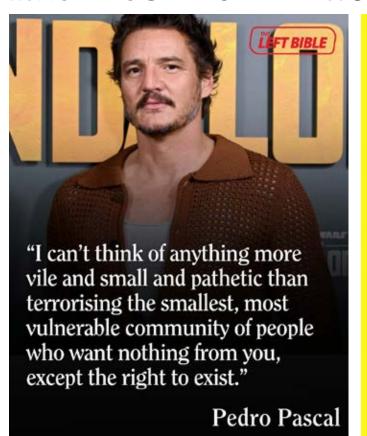


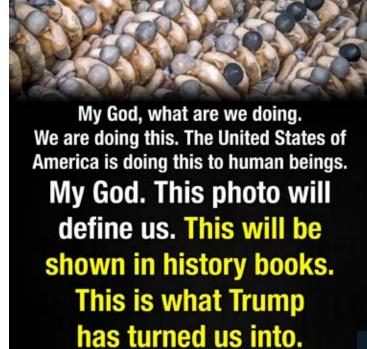
What radicalized you? Nothing.

Not wanting people to starve and suffer is not radical, it's normal. Stop saying it's radical to be base level empathetic, and start asking what made people into sadists. Call out sick behavior, because kindness should be the default.



Memes from Facebook







For all the Republicans now insisting that insider trading is "not a big deal," I know a woman that would like to disembowel you and make a festive holiday centerpiece with your entrails.







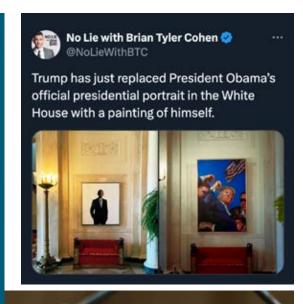


Before the election, I warned that there is no safe haven under authoritarianism. If they can ship Kilmar Abrego Garcia to a foreign prison—accused of no crime, with no trial—they can do it to anyone. Americans of conscience must stand against this now.

HILLARY CLINTON

"

BTC





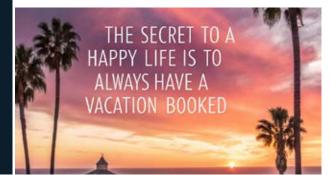
I Dogs



FOR A GUY WHO SPENDS THE WEEKEND ON HIS GOLF COURSE AND BRAGS TO THE MEDIA ABOUT HIM WINNING A TOURNAMENT WHILE THE STRUGGLING-- THIS IS THE KIND OF GROSS ARROGANCE OF A MARIE ANTOINETTE SAYING, "LET THEM EAT CAKE" ... SCREW HIM FOR TELLING PEOPLE TO ACCEPT PAIN.

Sen. Cory Booker

втс



April 24, 2025 - May 8, 2025 • No. 767





Bonanza of Black Theatre

In less than one week's time, I was able to see two terrific plays featuring all-Black or mostly-Black casts, one here in Sacramento at Celebration Arts and the other in San Francisco courtesy of A.C.T. (American Conservatory Theater). Read on for my reviews of both productions.

Two Trains Running

This superb play is part of a landmark ten-play cycle by the late, great Black playwright August Wilson that chronicles the African American experience across the 20th Century, with one play representing each decade.

The plays, set primarily in the Hill District of Pittsburgh, explore themes of race, family, and culture. Set in the 1960s, "Two Trains Running" is the seventh work in Wilson's amazing theatrical achievement.

The play centers around a group of regulars at a soon-to-be-demolished diner, including a waitress, an ex-con, the establishment's owner, and four others, whose colorful conversations reveal their hopes and regrets and their sometimes-painful pasts.

One key character dies (off-stage) during the course of "Two Trains Running," and his passing and the way it affects the other men and only woman on stage is just one of many extremely moving moments in a very rich and poignant production, seamlessly directed by Lili-Anne Brown.

There isn't a weak link anywhere in the cast, and I highly recommend that you see this remarkable, 3-hour play before it ends on May 4, at San Francisco's Toni Rembe Theater. For tickets, visit: www.act-sf.org



Barefoot in the Park

When I heard Sacramento's Celebration Arts was mounting a production of this ordinarily white and WASPy Neil Simon comedy from 1963, well, I had to check it out, and I'm glad I

James Ellison III and a talented, six-person cast have taken a theatrical chestnut, given it a sassy makeover, and presented it at a local theater famous for celebrating the Black experience.

From the classic, old-school soul music playing throughout the show to the way some of the lines land differently when spoken by Black actors, this "Barefoot in the Park" feels much hipper than the 1967 movie version that starred Robert Redford and Jane Fonda.

I had never seen the show on stage before, and some of Simon's patented, repetitive shtick - such as a running gag involving the characters panting after walking up six flights of stairs is impossible to freshen up, even with a cast this talented.

Overall, however, this is still an entertaining, funny play about a newly married couple trying to "make it work" after they move in together and hit some rough waters.

'Barefoot in the Park" continues through April 27 at Celebration Arts on B Street in Sacramento. For tickets, visit: <u>www.celebrationarts.net</u>



Tarning: This is not your nonna's cookbook. In "Your Pasta Sucks," comedian and pasta enthusiast Matteo Lane serves up big laughs, bold flavors, and zero patience for your overcooked noodles. Dressed in a heart-covered apron (and not much else), Matteo dishes out sass, carbs, and culinary chaos in a wildly entertaining "cookbook" that's equal parts kitchen guide and stand-up comedy. Whether you're a pasta pro or someone who thinks al dente is a fancy shampoo, this book will school you—with love and a side of garlic bread. Mangia, Bitch!

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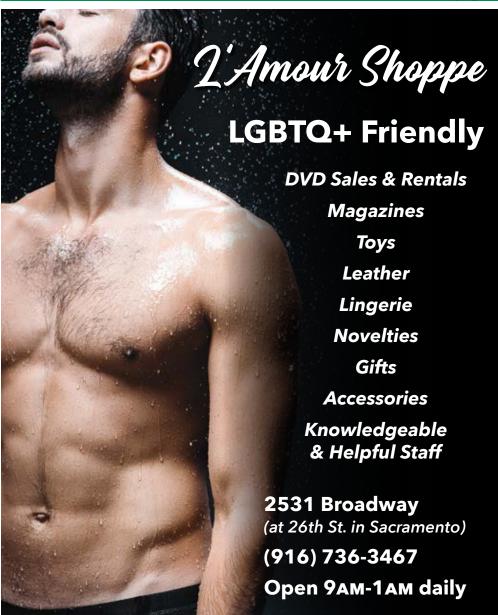


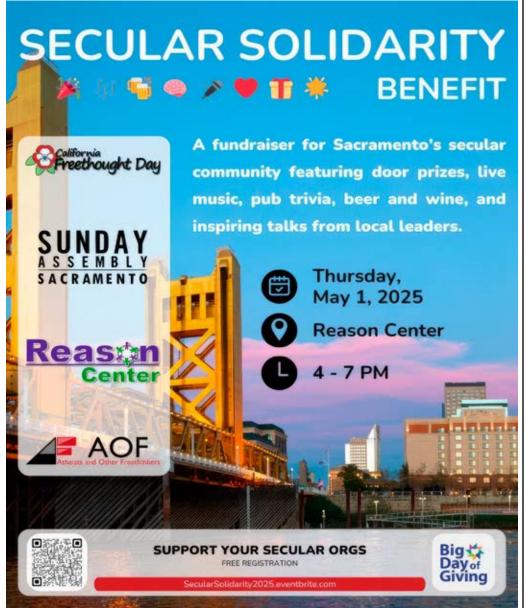
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Come See What's Blooming

he City's Department of Utilities is hosting a public garden event on May 3, inviting residents to explore its droughttolerant garden located at 1395 35th Avenue. Open from 9 a.m. to 3:30 p.m., the event showcases nearly 30 varieties of California native plants and promotes water-efficient landscaping practices. A mobile plant nursery will be on-site for plant purchases, and Utilities staff will be available to answer questions about water conservation rebates and the garden's design.



This event is part of the California Native Plant Society's Gardens Gone Native Plant Tour, a free, self-guided tour that highlights gardens throughout the Sacramento region featuring native California plants. The initiative aims to educate the public about the ecological and water-saving benefits of native landscaping, encouraging residents to adopt more sustainable gardening practices at home. For more information and to sign up, *click here*.

What Is Supposed to go in **Your Recycle Bin?**

nowing what to toss in your recycling bin helps keep our environment clean and our recycling systems running smoothly. In most curbside programs, you can recycle clean and dry paper products like newspapers, magazines, cardboard, and office paper. Aluminum cans, tin cans, and empty aerosol containers are also great candidates—just make sure they're rinsed out. Plastic containers labeled #1 and #2 (like soda bottles,

milk jugs, and detergent containers) are widely accepted too. Glass bottles and jars can also be recycled, but lids should be removed and placed separately if recyclable.

It's equally important to know what doesn't belong in your recycle bin. Plastic bags, greasy pizza boxes, food scraps, electronics, batteries, and clothing should never go in. These items can contaminate entire loads and damage recycling equipment. When in doubt, check with your local waste provider for guidelines—they may have special drop-off locations for hard-to-recycle items. By recycling right, you're doing your part to protect our planet and ensure reusable materials have a second life.



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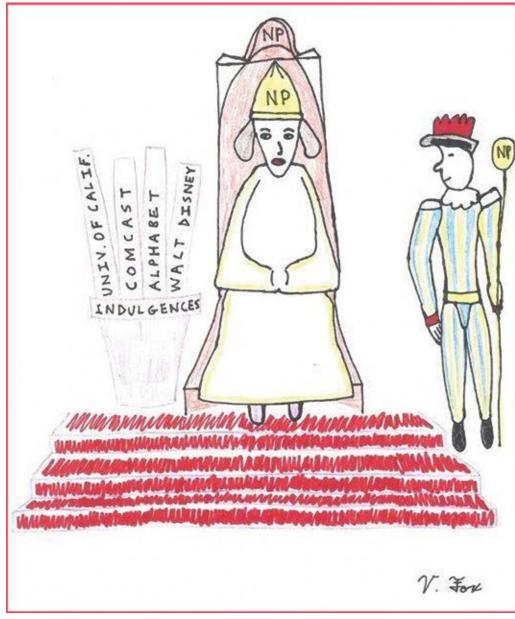
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